# Tofield School Newsletter

## November 2019





Students enjoyed the bookfair in the library.

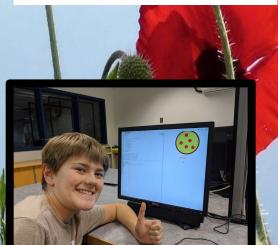




Tofield Students learn some computer programming.



Students and staff dressed up to celebrate Halloween!





Students got to see the Edmonton Metis dancers preforming a traditional Metis jigging.





The Grad class had their first grad meeting.

# **Administrative Message**

We hope all of our students and their families had a restful and rejuvenating fall break. There was a multitude of highlights and positive happenings in our school throughout November. Report cards allow us a see a snapshot of student achievement thus far and, overall, we are very pleased with the progress our students are making. Parent-Teacher Interviews went well and we were excited that we had a 68% attendance rate on interview night!

With the volleyball season coming to a close, we want to congratulate all of our athletes on their improvement in their individual skills as well as the progressions they made as teams. A huge part of their success is due to the tireless efforts of their coaches. Thank you to all volleyball coaches and staff liaisons. We now look forward to the start of a great basketball season! Planning for Graduation is underway and we are excited for this year's Grad class. We have held several student meetings to strike committees and held a parent information meeting. Grade 9 students attended Take Our Kids To Work Day and reported a full day of learning. CALM 20 students have benefitted from presentations from schools such as U of A and Augustana. On November 18, CALM 20 students travelled to ECCHS to learn about career and post-secondary opportunities by visiting exhibits from a variety of schools.

With the start of Reporting Term 2 comes new electives for our junior high. This way of taking electives through quarters affords students more variety and allows them to pursue areas of interest in a targeted manner. On November 22, we had the celebration of Metis culture in our school. This was highlighted by having the Edmonton Metis Dancers visit our school to perform traditional Métis jigging. We would like to give a special thanks to Ms. Kathy Scheu for organizing this event. As we move toward Christmas break, we want to remind students to remain focused on their academics while, at the same time, enjoy this festive time of year.



Janice Muench Principal Chad Kendall Assistant Principal

There are a number of teachers who utilize REMIND for their students. *These teachers are:* Mrs.Netik: 6N Mrs. Kropielnicki 6K ELA and Math, Mrs. Johnson Mrs Blaney Mr. Cordeiro Mrs. Woode



If you are missing the code for one of these teachers' Remind, please contact them by Email, and they would be happy to provide it.

## From the Office

# ATTENDANCE

We are making a change to improve our attendance. Please email tofield-aa@brsd.ab.ca

to inform us if your child is

absent from school.

- Sign out Please remember that every student is expected to sign in & out of the school, if you arrive late, leave early, or are in and out during the day. The sign out sheet is a safety measure to ensure that all students are accounted for in the event of a problem.
- <u>New Physical Address</u> Please inform the office of your new address ASAP, either by email (treid@brsd.ab.ca), note or phone call. Thanks
- <u>New Email Address</u> Please inform the office of your new email address AsAP, either by email (<u>treid@brsd.ab.ca</u>), note, or Phone call. Thank you.

# **Titan Sports**

Golf, Cross country running and Volleyball seasons have now ended. A special thank you to the coaches, liaisons and parent volunteers we could not have done the season without your support. Great job by all the students for their hard work and commitment to their teams.

Senior High Boys practiced over the November Break for their Zone tournament on November 15 and 16 in Camrose. The Boys made the semifinals and lost 2-1 to David Thompson. It was a good day, lots of parents came out to support.

Our Senior High Girls hosted a mini-challenge game tournament against 2 schools from Wainwright. The girls ended up losing a heartbreaker to Blessed Sacrament 3-2 and did not qualify for Zones.







Basketball Season is underway and our coaches this season are as follows.

Junior High Girls: Tanis Miller and Val Rickett Junior High Boys: Joel Tidemann and Christian Guangco

Senior High Girls: Scott Schultz and Jenn Sideroff Senior High Boys: Brad Regehr

We are co-hosting 2 basketball tournaments at our school:

Junior High: Jan 24 and 25 Senior High: Jan 20 to Feb 1

Please note that the schedules for games may need to change.



## Senior High

# 2019-2020 Basketball Schedule

Please note that schedules may change.



**Junior High** 

Jan	ua	ry 8		
OLMP	@	Sedgwick		
Tofield	@	Blessed Sacrament		
Feb	rua	iry 5		
Tofield	@	OLMP		
Wainright	@	Sedgwick		
Febr	ua	ry 12		
Wainright	@	Tofield		
Blessed Sacrament	@	OLMP		
Febr	ua	ry 19		
Blessed Sacrament	@	Wainright		
Sedgwick	@	Tofield		
Febr	uai	ry 26		
Sedgwick	@	Blessed Sacrament		
OLMP	@	Wainright		
March 4 (Make Up Games)				
March 13	3-14	l (Zones)		
		ts Boys		
East H	lost	s Girls		
March 19-2	21 F	Provincials		
Oilfields Hig	hS	chool (Girls)		
JR Rob	sor	n (Boys)		

#### 2019-20 BRSJHAA Division 2 Basketball Schedule

December 4	Ryley @ Hay Lakes Round Hill @Tofield Viking @ CCA	January 22	Hay Lakes @ Ryley Tofield @ Round Hill CCA @ Viking
December 11	Ryley @ Viking Hay Lakes @ Round Hill CCA @ Tofield	January 29	Viking @ Ryley Round Hill @ Hay Lakes Tofield @ CCA
December 18	Round Hill @ Ryley Tofield @ Viking Hay Lakes @ CCA	February 5	Ryley @ Round Hill Viking @ Tofield CCA @ Hay Lakes
January 8	Viking @ Round Hill Hay Lakes @ Tofield Ryley @ CCA	February 12	Round Hill @ Viking Tofield @ Hay Lakes CCA @ Ryley
January 15	Viking @ Hay Lakes Tofield @ Ryley CCA @ Round Hill	February 19	Hay Lakes @ Viking Ryley @ Tofield Round Hill @ CCA

# **Tofield School Students Achieve Great Success In Cross Country Running Season**

## By Julia Jackson

This year's Cross Country Running season was a great success!

The team consisted of William Hill, Ember Benford, Seth Sideroff, Sam Priestley, Jessica Hill, and Kaelyn Sideroff. These six students competed in the Battle River Race Series, and attended this year's high school zone competition.

Several other students came to practice with the team this season. Of the six-person team, Kaelyn Sideroff finished in the top 10 for high school girls in the Battle River Race Series for the one race she attended. She finished 15th at zones, which qualified her for provincials in the junior female category.

For Grade 8 boys, Seth Sideroff finished in the top 10 for the three races he took part in. He was also a top-six finisher in the Battle River Race Series. In the Grade 7 grouping, William Hill made the top 10 for all three races he appeared at.

Steve Searle, the Vice Principal of New Norway School, has stated, "Thank you, all of you coaches, who have shared your passion of running with our youth! It's invaluable!"

He also expressed his gratitude to coaches Jennifer Sideroff and Chuck Priestley. The teacher liaison, Laurie Blaney, has also helped to make agreements between the teachers and coaches, so that the season could be successful.

About the season, coach Jennifer Sideroff said, "We had a great season of running and so much fun!"

The Cross Country Running team achieved athletic greatness during the 2019 season, and the runners had so much enthusiasm to express for the sport.









## Alberta Health Services

#### **Positive Peer Influence**

Peer pressure is often thought of as a bad thing, but peers often have the power to create a positive influence!

Peers can help each other become more independent by encouraging healthy choices!

Adults have the opportunity to help young people choose the type of peer influence they want in their lives and what kind of friend they want to be to others.

#### MORE RESOURCES

www.search-institute.org.

https://keepconnected.searchinstitute.org/understanding-ages-andstages/ages-15-18/

#### Alberta Health Services

#### Tips to Encourage Your Child to Keep Responsible Friendships

- Talk with your child about his or her friends. Ask questions to find out what they're like.
- Don't jump to conclusions based on what friends look like.
- Get to know your child's friends and their families.
- Avoid criticizing friendships that seem negative to you, but be honest when you are concerned about a relationship.

#### MORE RESOURCES

www.search-institute.org

https://keepconnected.searchinstitute.org/understanding-ages-andstages/ages-15-18/

## Alberta Health Services

#### **Tips for Encouraging Positive Peer Influence**

In your home and family: Identify people, stories or images that exemplify the positive power of peers. In your neighborhood and community: Talk with young people in your neighborhood about the qualities you admire in each of them.

**In your school or youth program:** Pair off students and participants. Have them take turns discussing a time when they positively influenced a friend or peer.

#### MORE RESOURCES

www.search-institute.org.

https://keepconnected.searchinstitute.org/understanding-agesand-stages/ages-15-18/

Alberta Health Services

## As they get older, teens become less influenced by their peers on major values and choices

- Be proactive about your family's values and expectations regarding risky behaviours, such as alcohol and tobacco use.
- Respect your teen's privacy while also being available if they need help.
- Help your teen practice what to do in difficult social situations and have a strategy in mind that can help deal with pressures.

#### MORE RESOURCES

www.search-institute.org.

https://keepconnected.searchinstitute.org/understanding-ages-and-stages/ages-15-18/

## Family School Liaison Workers (FSLWs)

Your Family School Liaison Worker (FSLW) at Tofield School is Mrs. Georgina White. FSLWs can help find resources to other helping professionals and bridge the gaps between those professionals and the school, connect you with community resources, help advocate with the school, or support with social/emotional challenges. To see one of the FSLWs, you can fill out a referral form (come see Mrs. White in Room 210). \*If a student is 13 years old or younger, parental consent must be provided for ongoing support. If a student is 14 or older, those students can consent on their own for FSLW service.



# **Career Counselling**

November 2019 Newsletter

#### Time to Choose...a Post-Secondary Education Program

. . . . . . . . . . . . .

This updated section of ALIS'<u>*Time to Choose*</u> is a wealth of resources to help you find a post-secondary program that meets your career goals. You can find the link under the Post-Secondary tab in the <u>*High School Plus*</u> site.

Post-Secondary Events	Micro-Credentials	You Need References
BRSD high school students have been invited to one of two ELAA post-secondary events hosted by Daysland School and École Camrose Composite High School. This event will give students the opportunity to speak to representatives from many	Micro-credentials are also known as 'badges'. Micro-credentialing is any to recognize skills acquired through a variety of learning experiences and are often online.	Maybe not now but it won't be long! Some applications for jobs, awards, scholarships or post-secondary programs require naming people who may be asked about you - your character, skills, experiences, work ethic, etc.
post-secondary institutions in Alberta, which may include, NAIT, Lakeland College, Red Deer College, U of A, Lethbridge University, U of C, Olds College, King's University, SAIT, Concordia University, Prairie College, Keyano College, Norquest College, Bow Valley College, etc.	Many employers are seeking this in today's labour market. Students can begin to earn micro-credentials while still in high school through various opportunities: CTS safety modules, Green Certificate, Dual Credit, WHMIS, and First Aid to name a few!	You may also need to ask a person who knows you well for a letter of reference. This letter is only as good as the information they have. Help them out by
SAVE THE DATE Monday, November 18, 2019 Daysland School 9:00 - 10:30 ÉCCHS 12:30 - 2:30	Check out <i>High School Plus</i> under the <u><i>Post-Secondary</i></u> tab to learn more about how to earn 'badges'.	completing a <i>Referee Information</i> <i>Sheet</i> , found in the <i>High School</i> <i>Plus</i> site under <u><i>Funding Your</i></u> <u><i>Education</i></u> .

Are you on a pathway that leads to successfully earning your diploma or certificate? Update your courses and marks in myBlueprint on the High School page and check your Graduation Indicator to see your progress.



# **Did You Know?**



A big thank you to the bottle depot for their generous donation to the grad class. Tofield School Students are are very excited about volunteering for the Stuff the Bus Campaign.

Tofield grad class is busy preparing for graduation.

Did you know that over 240 items of food were collected in our food drive organized by our grade 9s? Class 6W had the honour of being the class bringing in the most with 88 items.

Sports Central donated approximately \$2000 worth of sports equipment to our school including, softballs, baseball gloves, hockey helmets and hockey sticks.

Tofield grade 9 students participated in Take Our Kids To Work Day. Our students in grades 7-9 have started new electives. This means that students have more elective opportunities.

The Scholastic Book Fair was a great success and \$1,095.70 was raised towards new books for our library.

We had the best parent turnout in years with close to 70% attendance for grades 5-12.

Tofield Calm 20 students participated in a post secondary fair in Camrose.

Did you know that a student collects paper and cardboard weekly and that paper is transported to the city for recycling? Tofield School celebrated Metis culture with special guest dancers from Edmonton.



Thank you to everyone who purchased items from the Scholastic Book Fair. With your help, we raised \$1,095.71 to use towards new books for the Learning Commons.







# SCHOOL FEES

Invoices will be sent out when all fees have been assessed and are ready to pay. Please make payment online by visiting the Tofield School website and clicking on the "Online Payments and Ordering" icon (located at the bottom of the page) and following the links. Field trip and team fees will be added as assessed. Yearbook fees are optional and are not included in your fees total.

We want to support you in making online payments so please feel free to contact Janet Carlson at <u>jcarlson@brsd.ab.ca</u> if you have any questions.

Thank you and have a great year!

We are making a change to improve our attendance. Please email <u>tofield-aa@brsd.ab.ca</u> to inform us if your child is absent from school.



## Grad Update from the Grad 2020 Student Chair, Kylie Kuflay

The Grade Class of 2020 has already done lots in preparation for Grad. So far our class has done two fundraisers: BVJ and the Haunted hike.

The class has already had one student meeting which had been held during homeroom on Nov.1 and a parent meeting which was held on Wednesday, Nov. 6. The grads have created committees and have discussed possible fundraisers.

We had our first Family meeting on Wednesday, November 6. Thank you to all of the grads and their parents/guardians for attending. For those who have signed up for committees: your committee chairs should be contacting you in the next few months to start organizing for Grad 2020. The next Family Grad meeting will be in February 2020. Watch for the date in your emails!

Tofield School's High School Graduation will be held on Friday, May 8, 2020.

If you have any questions re: Grad, please contact Ms. Korpan either by phone (780-662-3133) or by email (<u>mkorpan@brsd.ab.ca</u>).

Please get your grad bios into Mrs. Roe by December 18th.









Meet The Cast



Betty Bones is the second in command to the Fearsome Pirate Frank. She's been a pirate with Frank since her days on the Vita Lu, and was first to join her crew when she was putting it together. Betty loves following orders, as well as giving them out. She is skilled with a cutlass, and very at home on the pirate ship.

## Adventures of the Fearsome Pirate Frank

Who knew the pirate craze dated back to Shakespearean time?! Apparently, the star of a popular pirate play — *The Fearsome Pirate Frank* — is the teenage heartthrob of every girl in Shakespearean England, even though he can't remember his lines for the life of him! However, when the actor playing Frank and his supporting cast, including prima donna Esmerelda, get kidnapped by real pirates during one of their productions, it's good-bye stardom, hello servitude on a real pirate ship!

Two witty narrators and a stream of hilarious sign-carriers keep the musical moving as we see the pirate actors taking orders from the real pirate Frank... who is a woman! But pirate actors are not the only ones hijacked in this hysterical musical comedy... so is the plot from a particularly popular pirate flick! The chilling flashback sequence of how Cap'n Frank get the dreadful "Blackmark" will shiver your timbers, and Esmerelda's lament about losing her makeup case will blow you down! Join the crew of nightmare sailors, zombie pirates, singing sirens and even Spiderman in this zany musical romp!

## The musical will be performed in March 2020. More details to come!

Cast members who have misplaced their rehearsal schedule can get a new one from the bulletin board outside the Drama Room. Any rehearsal changes will be posted on the bulletin board (outside the Drama Room) at least 48 hours before the scheduled rehearsal(s)!

## Healthy Albertans. Healthy Communities. Together.

Developmental Coordination Disorder (DCD) is a condition that affects a child's ability to move and plan movement. Children will often struggle on playground equipment, and have trouble playing ball games, learning to ride a bike, or swim. They may also struggle with printing, using scissors, or doing up zippers and buttons. Children with DCD have a hard time coordinating their arms and legs, and will often avoid playing in gym class or on the playground.

You might notice:

- Slow or messy printing
- Takes a long time to finish their school work
- Slumps while sitting in their desk
- Awkward walking and running
- Tripping a lot and bumping into others
- Messy eating
- Has a hard time opening small snacks
- Needs help getting dressed for recess
- Gets tired quickly

#### For more information on DCD, visit

<u>https://www.canchild.ca/en/diagnoses/developmental-coordination-disorder</u> or contact your Children's Rehabilitation Services team at 780-662 5233.

## Northstar Students Helping the Community

On October 29 and 30, a group of 11 Northstar Outreach students volunteered for several hours to help construct and set up the Halloween CarnEvil, a fundraiser for the Tofield Food Bank. Despite the chilly weather, they persevered and we applaud the following students for their contribution to our community:





Thomas Hoban.	Kyle Schmidt
Dominik Whitford.	Alex Derksen
Damien Saumer.	Bella Nagy
Italia Nagy.	Payton Valliere
Carson Brown.	Ashton Doubleday
Adrian Doubleday	







# Tofield Jam Club



For Grades 7-12 Students

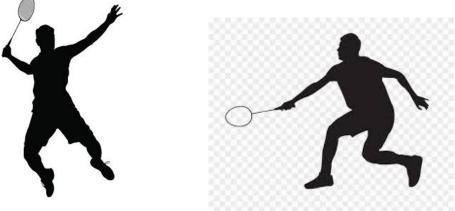
Welcome to another year of offering a free music program after school! Tofield Jam Club is a group of students who enjoy learning and making music as a group. If you are able to attend the talent show last year, you may have seen the opening act which was the JAM CLUB!

Students are able to experience an extracurricular activity that exposes students to the world of music, building of valuable skills and it connects our school to the community in a positive and uplifting manner! Fortunately, with the help of Wild Oats and Notes Music Festival as a sponsor, we are able to bring in an experienced instructor, have subsidized first instruments for all, and additional instruments and equipment provided as needed! However, any donations would be greatly appreciated to further progress of this amazing opportunity.

When: 3:15 - 5:30 PM , Tuesdays Where: We meet in the portable. Starting Tuesday, September 17.



**Tofield Adult Badminton Club** 



Fitness and fun for everyone! Where: Tofield School Gym When: 03 November – April, 2020. Sundays @ 7pm Cost: \$40.00 for the entire season till April!

Email: <u>Vschmidt@mcsnet.ca</u> Ph: 780 662 3604

What to bring your own racquet and clean indoor gym shoes

# AMROSE ASSOCIATION FOR COMMUNITY LIVING FAMILY SUPPORT PROGRAM

# SPECIALIZED BABYSITTER COURSE

For teens ages 12-17 to expand babysitting skills and knowledge to better meet the needs of all children

Friday, Dec 6/19 9-3:30pm at CAFCL-4604-57st Lunch & snacks included **REGISTRATION: \$20** 

Note: this course does not cover the same material as the Red Cross Sabysitter course; We strongly recommend that teens take that course to build essential babysitter skils.

**Course content includes:** 

Overview of disabilities Behavioural supports Supporting through crisis Move, Talk and Play: strategies/supports Stocking your babysitter toolbox

To register: call or go to CAFCL Stor 780-672-0257 4604-57st, Camrose -pay in person with cash or cheque of over the phone by credit card-

> Questions? Email Shariss Piro spiro@cafcl.org or call 780-678-6965

Participants receive a certificate at the end of the course

by: Battle River Community Foundation



Brought to you by:



# **Leadership Activities**

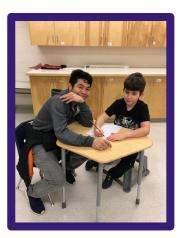


The senior high leadership class creates exciting Christmas stories with students from C.W. Sears school.











Grade 10 leadership class helps set up the Haunted House!







For a fun titan time event, Halloween activities were held with the fourth graders from C.W. Sears school.





# <u>Breakfast Program</u>

Tofield School breakfast program continues to thrive by providing nutritious snacks to students before class. If you have any questions, concerns or comments, please contact Mrs. Kropielnicki at 789 662 3133 or by email at <u>akropielnicki@brsd.ab.ca</u>

<u>Thank you to all those who have lent a helping hand,</u> Ashlee Warawa, Kaelyn Sideroff, Rebbeca Hill, Mercedes Tremblay, Charli L'hereux, Aiden Beatson, Abram Rupp, Christian Guangco, Ava Surridge, Abby Match, Becky Kristianson, Jessica Hill, Mrs. Kropielnicki, Ms. Korpan, Mrs. Leone, Mrs. Roe, and Mrs. Woode

Community and parent volunteers welcome!

## The Weather

The snowflakes fall, the frost builds and the ice forms. Grab your parkas and touques to defend yourself against the coming winter chill.





Are you involved in any extracurricular activities this year? If so, what are you in?



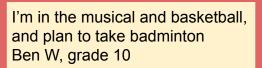
The musical and basketball. Carys G, grade 10

I am in the musical and I'm the communications rep for TSU Julia J, grade 10

I'm in the musical and I'm secretary for TSU Katalin H, grade 10

I am playing volleyball and basketball this year Abby M, grade 10









No, but I would have auditioned for the musical if I had the time Lace FC, grade 10

I do volleyball, hockey and I plan on doing badminton and triple jump in track and field. Kien Y, grade 10

I'm in volleyball, basketball, and was in cross country Kaelyn S, grade 10

# The Titan Time/WIN Schedule for the Month of November:





Hungry Hippos was a Titan Time activity for students grades 5-8 to take part in.







"Unity is strength. . . when there is teamwork and collaboration, wonderful things can be achieved." --Mattie Stepanek



Students participated in some Metis activities.

# December 2019

