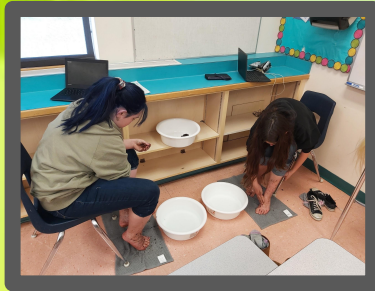


Tofield School Newsletter

March 2020



Some students in our wellness class took part in some relaxation.



Students participated in some skating as part of their physical education.

Students and staff enjoyed pie and milk in celebration of pie day.



Junior Boys basketball team played in zones at Ryley.



Administrative Message

We are very happy to see a few signs of Spring! We can sense the relief everyone is feeling after a very LONG winter. World events have certainly brought many of us to contemplate life and we are struggling to make meaning of all the events that we have endured in 2020. We truly believe that we are better together and value the team work that often is inspired in tough times. We know how heartbreaking it can be to have events cancelled after so much work has been put into planning and practicing.

In that vein, we know that it is through coaching and guidance that we grow. We wanted to take a moment to thank all of our amazing coaches. The work of a coach is so important in schools and in life. The job is vast and consumes such a great deal of time. We have both coached many sports and can attest to the value of being coached by incredible people. This fuels our motivation to become coaches ourselves. Over the years, we have reflected on the passion that comes along with sports and have reference with our own children in sports too. We certainly appreciate that it is hard to witness our children sitting on the bench, not getting enough playing time or learning hard lessons when coaches are instilling positive character traits and ambassadorship.

That said, we want to remind all parents and guardians that Tofield School has developed an Athletic Handbook that will be shared with you as a 'draft'. We value your feedback and encourage you to offer your insight. The biggest take away we hope to leave you with is to wait 24 hours to address any concerns that you have about a game or a practice. One thing that should not happen is for a coach to be approached during or immediately after a game. We must never forget that our impressionable children are watching.

We know that many things in the world are scary right now and we want you to know that we are thinking of you and will do everything in our power to keep students safe; they are our most valuable resource! Enjoy your break and love one another. If you see anyone in need, please reach out to offer support.



Janice Muench
Principal

Chad Kendall
Assistant Principal

You can find a link to our Athletics handbook below:

[*DRAFT* TOFIELD NEW ATHLETICS HANDBOOK](#)

Family School Liaison Workers (FSLWs)

Your Family School Liaison Worker (FSLW) at Tofield School is Mrs. Georgina White. FSLWs can help find resources to other helping professionals and bridge the gaps between those professionals and the school, connect you with community resources, help advocate with the school, or support with social/emotional challenges. To see one of the FSLWs, you can fill out a referral form (come see Mrs. White in Room 210).

**If a student is 13 years old or younger, parental consent must be provided for ongoing support. If a student is 14 or older, those students can consent on their own for FSLW service.*

Titan Sports

Basketball Season has ended. Special Thank you to our coaches and liaisons for their hard work making the season successful this year. Congratulations to all our teams for making zones.

Physical Education:

Students went skating as part of their Physical Education classes.

Please make sure that your child has clean athletic shoes for Physical Education class.

With winter coming, it is our job as a school to keep our gym floor clean.





Did You Know?



PE 20/30 has 30+ students - Awesome!

NorthStar students have been shoveling snow for seniors in the community.

The Outdoor Ed classes have been cross-country skiing and snowshoeing.

Our 2019 Terry Fox School Run was a great success! We are proud to announce that Tofield School has generously donated \$1,941.65 for cancer research! The Terry Fox Foundation sends a big thank you to our school community for our generosity and support. 40 years later Terry's message of hope lives stronger than ever!

Tofield School now has 48 new students to date.

NorthStar Students have completed 347 potential credits! That's 69 courses completed.

One of our NorthStar students is a finalist in the Polar Publishing poem competition and will be published in the upcoming winter compilation.

Our PE classes have been skating and curling.

Did you know the library has games you can book and take home over the weekend?

We had 34 students compete in the Math League competition.

There were 35 students in the musical this year! The most ever!

347 students and staff enjoyed pie and milk for Pi Day.

Meet Our Student Reporters



**Our Sports Reporter:
Rayanne Beatson**



Rayanne is a current Grade 10 athlete at our school. Rayanne covers all the sports events for our school.

**Our Student Events
Reporter:
Jordyn Charlesworth**



Taylor is a Grade 9 student with a strong commitment to school activities. Taylor helps write about students events that happen in our school.

**Our Community Relations Reporter :
Bane Janzen**



Bane is a Grade 10 student who enjoys keeping up what's going on in the world around him. Bane covers important community events and articles.



Student Apprentice Power Line Technician (RAP)

Job Specification:

In partnership with CAREERS: The Next Generation, FortisAlberta is seeking summer students who have successfully completed Grade 10 or 11 to enter the Registered Apprenticeship Program in the Power Line Technician trade for summer employment.

Job Duties:

- Assist Qualified Utility Employee with construction, repairs and maintenance of overhead and underground distribution systems
- Receive work order instructions
- Understand and follow company and regulatory safety regulations and procedures and work to a high level of safety
- Accountable for safe work practices applicable to the job
- Contribute towards building a strong team
- Provide service at a level that insures FortisAlberta is the customers operator of choice

Special Skill Requirements:

- Demonstrate communication (verbal and written), interpersonal and team skills
- Self starter with the ability to work in a team environment
- Willing and able to learn, adapt to change and demonstrate flexibility
- Capable of working outside in a highly physical environment in any weather conditions
- Required to have a minimum valid class 5 drivers license (successful candidate will be required to submit a current copy of their drivers license and a drivers abstract)

Knowledge and Experience Requirements:

- Successfully completed the grade they were attending (Grade 10 or 11)
- Definite interest in the electrical trade expressed and demonstrated
- Experience in the electrical technical field or related field construction considered an asset

Special Conditions:

- Must be willing to learn the basic skills of climbing wooden poles
- Could be required to travel and work away from home if work load dictates

Please note that this is intended as a summer position.

Applications will be considered in areas of highest need and on a first come first reviewed basis. Get your application in early – including your Work Placement Form with Resume & Cover Letter.

Interviews will be done for summer RAP positions throughout May.

Deadline for application, the first Friday in May.

Apply through your schools RAP coordinator who should then contact the local CAREERS Programs Coordinator.



Alberta Health
Services

BE KIND TO YOURSELF

You are allowed to say no.

It's ok to ask for help.

You are important - you matter.

Put yourself first.

Set healthy boundaries.

MORE RESOURCES

<https://www.albertahealthservices.ca/news/Page13125.aspx>

<https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=abl0225&#abl0226>



Alberta Health
Services

5 WAYS TO SELF-CARE:

Connect – with the people around you.

Keep Learning – try something new or discover an old interest.

Be Active – in a way you enjoy!

Take Notice – of the world around you.

Give Back – do something good for others.

MORE RESOURCES

<https://www.albertahealthservices.ca/news/Page13125.aspx>

<https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=abl0225&#abl0226>



Alberta Health
Services

Self-care is about making decisions and taking action in the interest of your health.

Go outside.

Listen to music.

Make time for simple pleasures: a bath, cup of tea or phone call with a friend.

Laugh!

MORE RESOURCES

<https://www.albertahealthservices.ca/news/Page13125.aspx>

<https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=abl0225&#abl0226>



Alberta Health
Services

Practicing **GRATITUDE** can help you feel good.

Write a thank you note to someone.

Write a list of great things about your day.

Take pictures of things you are grateful for.

Give thanks for the abilities you do have.

MORE RESOURCES

<https://www.albertahealthservices.ca/news/Page13125.aspx>




<https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=abl0225&#abl0226>



Career Counselling

March 2020 Newsletter

"Many Canadian businesses require people who work with both their brains and their hands."

Continuing Education	Careers - Going Green	Local Scholarships
<p>Are you looking for a way to dip your toe in the water or develop skills for employability? Continuing Education courses may be a place to get started.</p> <p>Most post-secondary institutions offer courses/programs through their continuing education department for carving out a career pathway or professional development.</p>  <p>Admission requirements may be based on age, holding a high school diploma or related experience. The opportunities are vast and the method of delivery varies from online, in-person, or blended which allows it to fit into your busy life.</p>	<p>Are you looking for a green career?</p>  <p>Careers in Renewable Energy:</p> <p>currently 18.9% of Canada's total energy supply - continue to grow as technology and new processes are set in place, states Jackie Fritz in the article, <i>A Natural Choice, Education for Employment, Fall 2019</i>.</p> <p>According to a <u>2019 report by ECO Canada</u>, both technical and soft skills are essential for success in the environmental sector with the top five soft skills identified by employers being: communication, collaboration, project management, report writing and attitude.</p> <p>Check out related programs such as environmental & conservation science and alternative energy, just to name a few.</p>	<p>Strong community support for local scholarships in BRSD schools has been the foundation of honouring student success for many years. It wouldn't happen without these dedicated individuals, companies and organizations. Here's a huge shout-out to our local supporters.</p> <p>Scholarship applications are in full swing for grade 12 students with many very generous local scholarships being offered. Please check with your school's awards coordinators to ensure you have up-to-date information and deadlines for the scholarships in your area.</p> <p>Other scholarship ideas and deadlines are posted in the <i>High School Plus</i> website under <u>Funding Your Education</u> including links and ideas for Indigenous scholarships and bursaries.</p> 

High school is a great time for students to test out career possibilities! Work experience, CTS & option classes, job shadowing, volunteering, or a part-time job may help your teen to discover an interest!

From the Office

ATTENDANCE

Please email
tofield-aa@brsd.ab.ca
to inform us if your child is
absent from school.

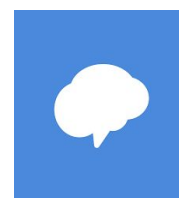
- **Sign out** – Please remember that every student is expected to sign in & out of the school, if you arrive late, leave early, or are in and out during the day. The sign out sheet is a safety measure to ensure that all students are accounted for in the event of a problem.
- **New Physical Address** – Please inform the office of your new address ASAP, either by email (treid@brsd.ab.ca), note or phone call. Thanks
- **New Email Address** – Please inform the office of your new email address ASAP, either by email (treid@brsd.ab.ca), note, or Phone call. Thank you.



**There are a number of teachers who utilize
REMIND for their students.
These teachers are:**

Mrs. Netik: 6N
Mrs. Kropielnicki 5K
Mrs. Johnson
Mrs. Blaney

Mr. Cordeiro
Mrs. Woode



SCHOOL FEES

School fees for Semester 1(Term 1/Term 2) have been assessed and invoices have been sent home. Please make payment online by visiting the Tofield School website and clicking on the “Online Payments and Ordering” icon (located at the bottom of the page) and following the links. If you are unable to pay online, payment by cash or cheque (payable to Tofield School) will be accepted in the office.

We want to support you in making online payments so please feel free to contact Janet Carlson at jcarlson@brsd.ab.ca if you have any questions.

Please email tofield-aa@brsd.ab.ca to inform us if your child is absent from school.

Tofield Jam Club

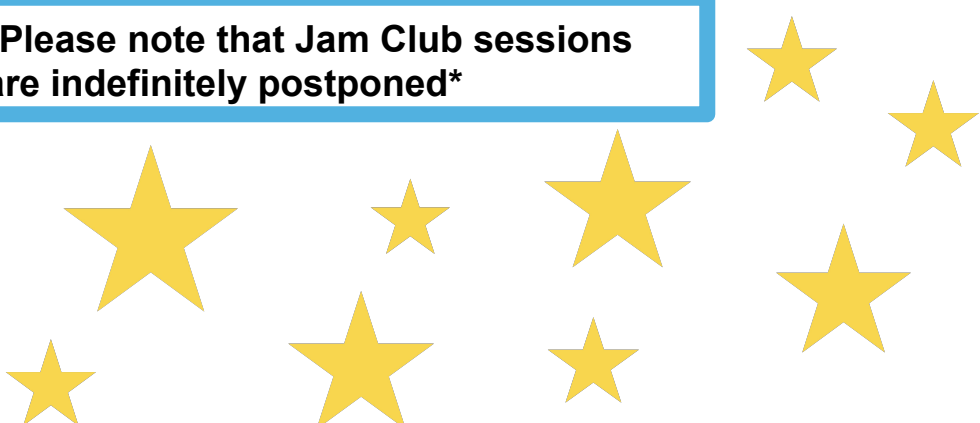


**For Grades 7-12
Students**

Welcome to another year of offering a free music program after school! Tofield Jam Club is a group of students who enjoy learning and making music as a group. If you are able to attend the talent show last year, you may have seen the opening act which was the JAM CLUB!

Students are able to experience an extracurricular activity that exposes students to the world of music, building of valuable skills and it connects our school to the community in a positive and uplifting manner! Fortunately, with the help of Wild Oats and Notes Music Festival as a sponsor, we are able to bring in an experienced instructor, have subsidized first instruments for all, and additional instruments and equipment provided as needed! However, any donations would be greatly appreciated to further progress of this amazing opportunity.

Please note that Jam Club sessions are indefinitely postponed



The Weather

The Chill is still in the air and winter is still holding on, but don't worry spring will be here soon.

Breakfast Program

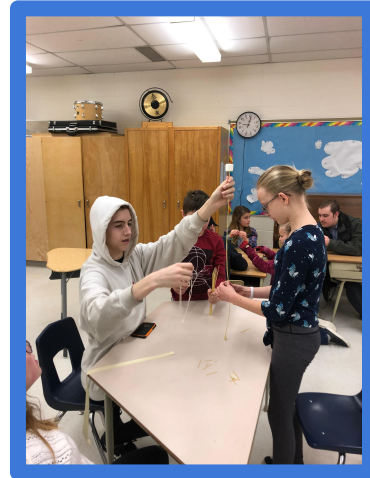
Tofield School breakfast program continues to thrive by providing nutritious snacks to students before class. If you have any questions, concerns or comments, please contact Mrs. Kropielnicki at 789 662 3133 or by email at akropielnicki@brsd.ab.ca

Thank you to all those who have lent a helping hand.

Rebecca Hill, Austin Cline, Jewel Cooke, Tristan Godden, Charli L'hereux, Aiden Beatson, Ava Surridge, Becky Kristianson, Kody Kristianson, Jessica Hill, Mrs. Kropielnicki, Ms. Korpan, Mrs. Leone, Mrs. Roe, and Mrs. Woode

Community and parent volunteers welcome!

Leadership Activities



The Senior Leadership class built spaghetti towers with their Grade 4 buddies.

If you break it, fix it
If you make a mistake, own it
If you are wrong, admit it

It is not what you do for
your children,
but what you have taught
them to do for themselves,
that will make them
successful human beings.
Ann Landers



The Iron Creek Flying Club (COPA Flight 157) presents:
COPA for Kids 2020
Saturday, April 25th
8 a.m. to 1 p.m.
at Flagstaff Regional Airport
44271 Rge Rd 131 (between Killam and Sedgewick)



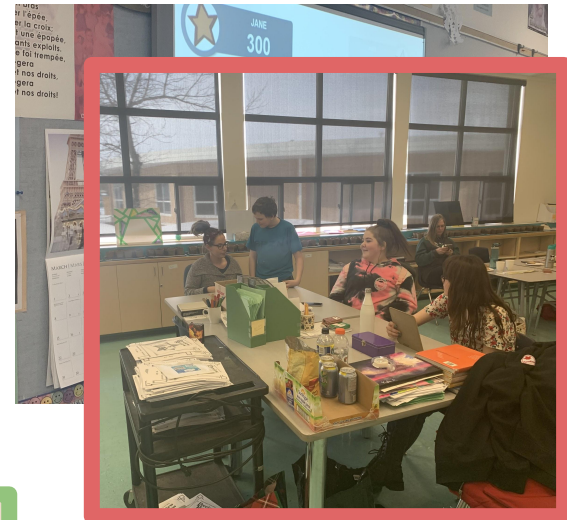
Free flights for kids 8 to 17!
Signed parental/guardian approval required.

Register at:
icflyingclub@gmail.com

Follow the Iron Creek
Flying Club on Facebook.



The Titan Time/WIN Activities for the Month of March:



Students participated in art projects, sewing, doodle art, cup stacking, hockey analytics and cardboard sculpting. They also attended Social and Science tutorials.



Join us for
**VERMILION'S YOUNG
FARM WORKERS DAY**

We'll explore safety topics that matter to you, your family, farm and employers.

Earn your AGR 2950 high school credit.



May 12, 2020

8:30 a.m. - 3:30 p.m.
at **Lakeland College**

Topics Covered:

*Machinery & Farmyard Safety,
Fire Extinguisher Training, Chemical Safety,
Cattle Safety & Equine Safety*

For more info contact:

Sarah Linde at
slinde@agricultureforlife.ca

Registration Link:

[https://www.agricultureforlife.ca/
young-farm-workers-program](https://www.agricultureforlife.ca/young-farm-workers-program)



Ag *for* **Life**

Lakeland
COLLEGE

LEADING.
LEARNING.
SINCE 1913.