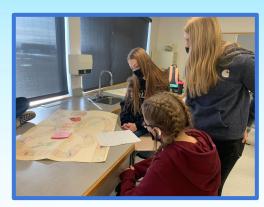
Tofield School Newsletter March 2021

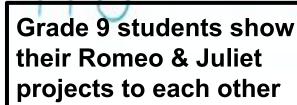








Students and staff pose in their green clothes for St Patrick's Day!





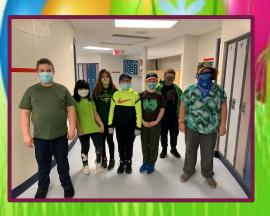




Cosmetology students practice their skills.

Biology 20 students get ready to do a class lab







123Free vectors.com



Administrative Message

We are so happy to have made it to this point in the year and are very proud of our student and community efforts to keep Covid OUT of our school since our return after Christmas. With the sun shining, the longer days, the milder weather and the news of vaccines on the horizon, the mood shift at school has been very evident. We continue to be very proud of our students for their attitudes and efforts in such unprecedented times, however, we are so excited to consider the possibility of things returning to a more normal way of functioning. We are busy planning our Graduation ceremony and remain hopeful that the Grads can have a celebration that can involve their loved ones and honour them in the way that they deserve! We want to again acknowledge our award winners from last school year and want to extend a shout out to all of our students for their achievements both in and out of school. Winning an academic or athletic award is a great accomplishment, however, there are so many other achievements that are not celebrated enough. We have students who have rebuilt cars, got their driver's licence, bought their first car, got a job, received conditional acceptance to post-secondary school, signed up for RAP, signed up for Green Certificate, received 4H awards, and the list goes on and on. We are very proud of ALL of our students and want to make it clear that we see your value and acknowledge your growth and success! Stay Awesome!



Janice Muench
Principal

Chad Kendall Assistant Principal



Don't forget to follow us on instagram @ tofield_school.

You can find a link to our Athletics handbook below: *DRAFT* TOFIELD NEW ATHLETICS HANDBOOK

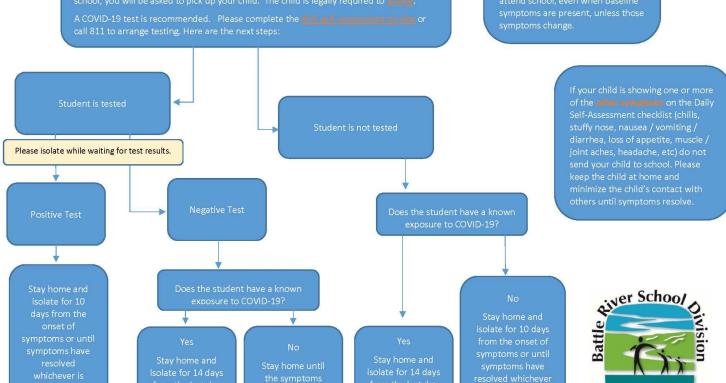
Family School Liaison Workers (FSLWs)

Your Family School Liaison Worker (FSLW) at Tofield School is FSLWs can help find resources to other helping professionals and bridge the gaps between those professionals and the school, connect you with community resources, help advocate with the school, or support with social/emotional challenges. To see one of the FSLWs, you can fill out a referral form (posted outside Room 210). *If a student is 13 years old or younger, parental consent must be provided for ongoing support. If a student is 14 or older, those students can consent on their own for FSLW service.

Responding to Student Illness

If your child is showing one or more symptoms of COVID-19 (fever, cough (new cough or worsening chronic cough), shortness of breath or difficulty breathing (new or worsening), runny nose, sore throat), do not send your child to school. If symptoms develop while at school, you will be asked to pick up your child. The child is legally required to isolate.

medical condition such as allergies or asthma that may cause COVID-like symptoms (such as a runny nose or cough) please complete the BRSD Baseline Medicalinformation form and share it with your school. This will ensure your child is able to attend school, even when baseline symptoms are present, unless those symptoms change.



Are you on a pathway that leads to successfully earning your diploma or certificate? Check your official status in your myPass account and update your courses and marks in myBlueprint on the High School page. Take some time to check your Graduation Indicator and review your plan for future courses.

Mrs Kope and Mrs Praticante BRSD Career Counsellors "So, I just got my kid a cell phone. Now what?" The 'Online World' is intriguing and exciting.
Children and youth use the Internet to
communicate with friends and for
entertainment. It becomes a legitimate part
of their social structure. It provides them with
a sense of connection and security.



What Should You Focus On?

What are they exposed to?
Who are they speaking to?
How are they being
treated/treating others?
How is their character
evelopment being influenced



Establish Guidelines With Mutual Understanding

Will you be doing spot checks? Do you need a cell phone contract with outlined consequences? Where can devices be used? How long can they be used for?



Implement an Exit Strategy

Use the phones for help! If they are in troubling, uncomfortable situations with friends or are involved in peer pressure, have them use a code word to text to you. This code will allow them to use an excuse to leave the situation and their peers by simply stating, "family emergency,"

DID YOU KNOW?

SECRET What's Personal?

nsider talking to them about personal

information and privacy and location settings. Define what personal information

is. Research and then show them how to switch to private accounts. Turn off the

The minimum age to use most social media platforms is 13

BUT

According to a study, 48% of students have lied about their age to register for a site they are too young to join.

> Via Young Canadians in a Wired World research by Media Smarts

SAFFRON



Tofield School Athletic and Academic Awards for 2020

Tofield School proudly recognizes the following individuals for their academic and athletic achievements.

* SOME AWARD RECIPIENT NAMES MAY NOT APPEAR DUE TO FREEDOM OF INFORMATION RESTRICTIONS.

Junior High Athletic Team MVPs

Mackenzie Fisher • Jessica Hill • Ben Jennings • Derek Liptak • Sam Priestley • Willow Robertson • Seth Sideroff • Annika Surridge

Grade 7 First Class Honours

Desirae Anderson • Ben Behiels • Jared Clennin • Celise Comaniuk • Willow Cronkhite • Mercedes Fisher • Amy-Lynn Fraser • Kevin Gordon • William Hill

- Georgia Hillyer Jasmyne Hryniw
 Calliegh Lester Sofie Lindskog Lexi Miller • Carter Olson • Claire Rickett
 - Kaylum Roberts Eric Woode
 - Madison Zemlak

Grade 8 First Class Honours

Ansh Dimri • Bryson Hymanyk • Kita Janzen

- Avery Stevenson Gabby Woodruff
- Kendra Yuha Payton Yurkowski

Grade 9 First Class Honours

Savannah Cooper • Mackenzie Fisher Aislyn Fritz • Ainslee Steinwand

Grade 9 Highest Average

Aislyn Fritz

Grade 10 First Class Honours

Julie Anderson • Kaitlin Hemperger • Julia Jackson • Bane Janzen

Grade 10 Highest Average

Julie Anderson

Grade 11 First Class Honours

Laura Chute • Katie Lindskog

Grade 11 Highest Average

Laura Chute

Tofield School Student of the Year

Sunnie Mack-Russell

Junior High Athletes of the Year

Rayden Henry & Ben Jennings

Senior High Athletes of the Year

Austin Jennings & Lincoln Miskew

Senior High Athletic Team MVPs

Austin Jennings • Lincoln Miskew • Kaleyn Sideroff • Cameron Schoff • Joel Tiedemann

Grade 7 Honours

Jenna Arriagada • Taylor Charlesworth • Alyssa Clark • Cash Cross • Austin Cunningham • Kiefer Cunnings • Dominick Dukeshire • Liam Forrest • Madison Gillette • Taylor Hardy • Adriaan Hosker • Anthony Illner • Ryan Larin • Mandy Payne • Dawson McPhee • Kate Priestley • Claire Reeves • Jake Schroeder • Evan Suchy • Emmytt Yurkowski • Julia Zbudovskij

Grade 8 Honours

Keira Andrews • Jayden Bruno • Jeffrey Cahoon • Cohen Chicoine • Ryan Conrad

- Chase Cure Youcef Dada Louis Dumont-Powder Summer Houghton
- Monika Hemperger
 Jarah Hill
 Madi Hillyer
 Daisy Konschuh
 Rebecca
 Kropp
 Kaiya Kugler
 Riley McLaughlin
 Rebecca Montgomery
 Kyle Reeves
 - Abbey Reid Willow Robertson Kayden Strilchuk Annika Surridge
 - Josh Swedberg Nate Wagar Brandon Warawa Barrett Wuthrich

Grade 9 Honours

Alise Anderson • Jordyn Charlesworth • Jackson Gates • Jessica Hill • Ben Jennings • Derek Liptak • Reana Mead • Sam Priestley • Breanne Stewart • Rowan Wuthrich

Grade 10 Honours

Rayanne Beatson • Lace Fleck-Cronkhite • Carys Gomez-Jones • Abby Match • Ericka Rickett • Taylor Roberts • Karder Schultz • Kara Senft • Kaelyn Sideroff • Ashlee Warawa • Ben Woodruff

Grade 11 Honours Marcus Alder • Rebbeca Hill • Jayden Hymanyk

Grade 12 Honours

Hailey Anderson • Aidan Beatson • Samuel Didusenko • Austin Jennings • Kylie Kuflay • Sunnie Mack-Russell • Caitlyn McLaughlin • Lincoln Miskew • Sarah Spinks

Recipients of Major Citizenship Awards

Mason Canney • Kylie Kuflay

Sunnie Mack-Russell

Highest Average in Grade 12 & the Governor General's Medal

Kylie Kuflay

Tofield School would like to thank and recognize the generosity of the following donors and sponsors of our awards program, both this year and past years. Their support for the young leaders of our community is very much appreciated.

Battle River Local #32 ATA • Beaver County • Beaverhill Veterinary Services • Busy B Bargains • Dave Watt Family • Ethel Brown Memorial Fund
• FXD Auto & Parts • Home-Time Realty • Hritzuk Welding • KNM Process Equipment Inc. • Lucas MacLeod Memorial Fund • Melita Wall
Memorial Fund • Ridgeline Safety • Ronald K Taylor Memorial Fund • St. Francis of Assisi Catholic Parish • Sherri & Robert Carriere • Tilly's
Restaurant • Tofield Autobody • Tofield Historical Society • Tofield Legion • Tofield Lions Club • Tofield Municipal Library Board • Tofield
Packers • Tofield School Council • Tofield Shell • Tofield Students' Union • Tofield Subway • Tofield School Teachers • Tofield Tooth Doctor
• Tofield United Church • Town of Tofield • Uncle Roger's Family Dining • Wild Oats and Notes Scholarship Fund

Tofield Athletics

he 2020-2021 Extra-Curricular Athletic seasons have looked a little different due to Covid-19 restrictions.

Teams are able to practice, however leagues, games, tournaments, etc... have been postponed until further notice.

A total of 10 people are allowed at practices. Practices will be devoted to skill development, team building and physical activity.

Volunteer Coaches, Parent Volunteers and Staff Liaisons/Support for the 2021 Basketball Season are:

Junior High Girls Basketball - Makenna Moos, Ms. Muench and Mr. Bobier (Staff Support)

Junior High Grade 9 Boys Basketball - Joel Tiedeman

Senior High Girls Basketball - Jenn Sideroff

Senior High Boys Basketball - Noel Reid

Thank you coaches for your time and effort.



Tofield School purchased 2 Cross-Net Systems for Physical Education classes. Social distancing games

Note: We are recommending that if possible players bring their own basketballs from home.

Basketball practices will run until Spring Break

If players can come changed or leave changed from their practice this would help to minimize their time in the changeroom.

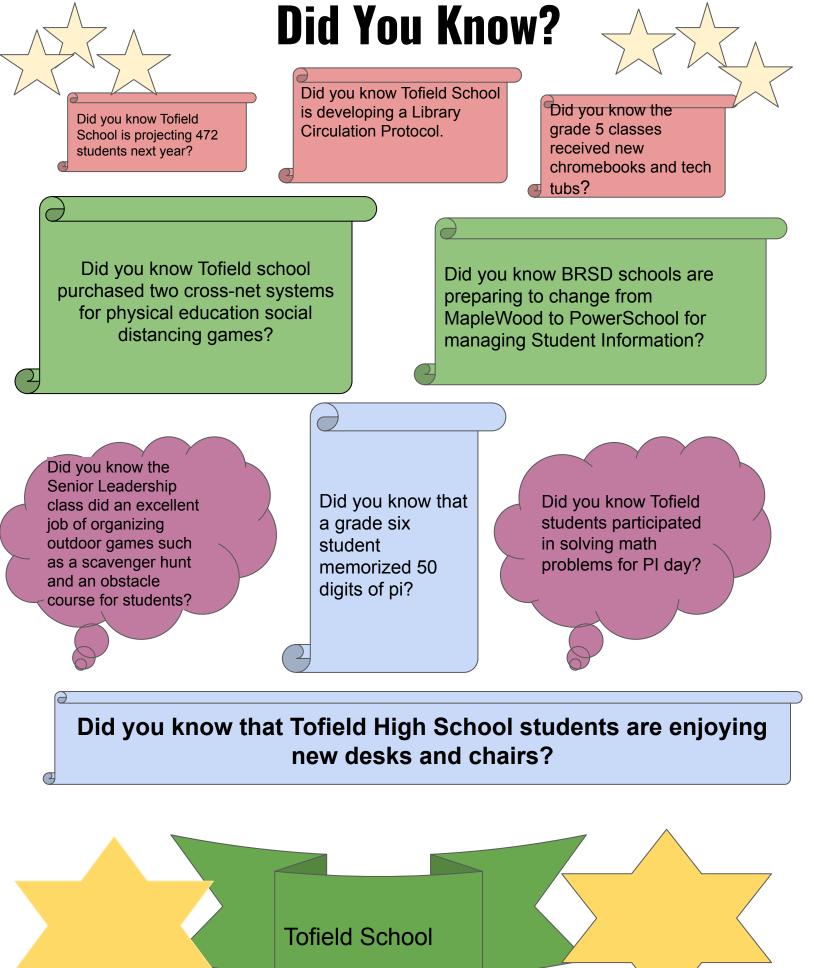
Hand sanitizer and additional cleaning products will also be available at practice for the cleaning of equipment and personal hygiene.

Badminton practices will begin after Spring Break. Please stay tuned for additional information.









From the Office

ATTENDANCE

Please email

tofield-aa@brsd.ab.ca

to inform us if your child is

absent from school.

- <u>Sign out</u> Please remember that every student is expected to sign in & out of the school, if you arrive late, leave early, or are in and out during the day. The sign out sheet is a safety measure to ensure that all students are accounted for in the event of a problem.
- <u>New Physical Address</u> Please inform the office of your new address ASAP, either by email (cperry@brsd.ab.ca), note or phone call.
- New Email Address Please inform the office of your new email address ASAP, either by email (cperry@brsd.ab.ca), note, or phone call.



SCHOOL FEES





School fees are due and can be paid online by visiting the Tofield School website and clicking on the "Online Payments and Ordering" icon (located at the bottom of the page) and follow the links. Yearbook fees are optional and are not included in your fees total. If you have any questions or concerns, please contact Janet Carlson at icarlson@brsd.ab.ca.



Please ensure you have updated Tofield School with your MOST up to date contact information! In these unprecedented times, it is of the utmost importance that we can contact you in an efficient manner with important information. We thank you for your continued support.

Tofield School Celebrates



Students received milk and pie for pi day served by the leadership class.



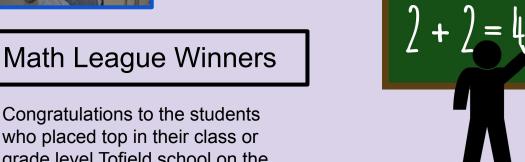












Students work on Pi day activities.

who placed top in their class or grade level Tofield school on the math league competition. **6B Austin Cline 6N Cace Hart 6W Marcus Hryniw**

Overall grade winner - Cace Hart

7D Emma Hillyer 7E Raghav Khanna 7S Jack Teefy Overall grade winner - Emma Hillyer

8k Jared Clennin 8T Mercedes Fisher Overall grade winner - Jared Clennin













Family resiliency: your family's ability to cope with life's challenges and to bounce forward from difficult times.

A family is two or more people who depend on one another.

Each family has its own challenges and strengths; there are some things all families can work on to build their resilience.

Talk together to identify your family's strengths and make a plan to "grow" your family's resiliency.

FOR MORE RESOURCES, search:

Simple Connections, Stronger Families Toolkit at **ahs.ca**





Communication strengthens your family's resilience.

- Listen with understanding and empathy.
- Talk about problems and brainstorm solutions together.
- · Laughing together is a great way to build connection.
- When you are not sure what to say, remember a hug may be more powerful than words.

FOR MORE RESOURCES, search:

Simple Connections, Stronger Families Toolkit at ahs.ca





Build a sense of togetherness to help your family create closer relationships where everyone feels they belong.

Tips to build your sense of togetherness:

- Eat together as a family when you can.
- · Play games together.
- Take turns planning a family activity.
- Practice daily rituals, like reading together at bedtime.

These suggestions may keep your family strong and help you get through the tough times.

FOR MORE RESOURCES, search:

Simple Connections, Stronger Families Toolkit at **ahs.ca**





Building connections with extended family widens your family's network of support.

Extended family members can be mentors and can lend a helping hand. Connect your children with their elders; supportive caring relationships with trusted adults help children to be healthy and resilient.

Simple ways to connect:

- Use technology to chat, play games, share stories, and hang out together.
- Create a family photo album and tell stories about all the family members.

FOR MORE RESOURCES, search:

Simple Connections, Stronger Families Toolkit at ahs.ca

SURPRISE FA POTATO Significant Gaylightpat

corney is unique, one of a bind, and whose leads made to like. It good enough? "I'm so for belind?, one she has it together"—but wouth consoling in its messacoid.

business, full of and even then,

get there in pour own time, in we way, start with self-composition remy clio @itsremyclio

ilts called you an "old sou that was their polite way g "wow you're only 12 an e already lost all your ser







Liked by



INSTAGRAM

Instagram is an app used to share photos, videos and messages. You can follow people and let people follow you.

Profile: Their profile is where the user can post photos or videos that will remain there until they are deleted by the user. It also includes a short bio. If their profile is private, only their main profile picture and bio is visible.

Direct: users can send direct messages to other accounts, with groups of up to 15. If they have a private account, and someone who doesn't follow them sends a message, they have to approve it before opening it.

Instagram also has a new feature where if it detects inappropriate content in the message being sent out (e.g. rude language, a nude photo) it will be blurred out.

Stories: Users can also share via Instagram Stories where their post or live video can be seen by their followers for up to 24 hours. Stories can also be accessed from their Profile.

Live and Video Chat: Users can go live to share with their followers in real time.

Explore: is where users will see photos and videos from accounts and tags they might be interested in. Explore is different for everyone — the content changes depending on accounts and hashtags the user follows.

SAFETY TIPS

Ensure they have a private account

Make sure they know how to block users, and how to report inappropriate behaviour

To filter comments: Go to your profile and tap \equiv . Then Tap Settings > Privacy > Comments. Tap next to Hide Offensive Comments to turn it on.



PARENTAL CONTROL APPS



FamilyLink offers many different ways to monitor your child's phone (and it's free to use!)

- You can view your kids' activity, and see how much time they spend on their favourite apps.
- They have notifications to let you approve or block apps your child wants to download, and you can manage inapp purchases or hide specific apps on their device.
- It lets you set time limits and a bedtime for their device, so you can help them find a good balance.
- You can also remotely lock a device whenever it's time to take a break.
- It's also helpful to be able to find your child when they're on the go. You can use Family Link to help locate them as long as they're carrying their device.



The Bark app is another excellent way to monitor your child's device, but it does have a cost (\$9/month).

Bark covers text messaging, YouTube, email, and social media platforms and apps -- 4x more than any other child monitoring app. You'll get automatic alerts to signs of cyberbullying, depression, online predators, adult content, and more.

Bark looks for activity that may indicate online predators, adult content, sexting, cyberbullying, drug use, suicidal thoughts, and more.

You will get automatic alerts when Bark detects potential issues, along with expert recommendations from child psychologists for addressing them.

To learn more: https://families.google.com/familylink/

To learn more: https://www.bark.us/#how





Career Counselling

April 2021 Newsletter

Is it time to consider what your future life on campus might look like?

Take a virtual tour and research student services, residence options and additional campus services.

Looking to the Future... How We Work

High School Course Sequencing

Paying for Post-secondary

How will we work after COVID? Our economy will be transformed with more home-offices, more blended workforces, and more local suppliers.



What's Trending Up...

- Remote technologies, cloud security, video conferencing, chat platforms
- Home/office technologies, smart speakers, laptops, fitness equipment
- Distributed service providers, neighbourhood childcare, home cleaning, food delivery.



What's Trending Down...

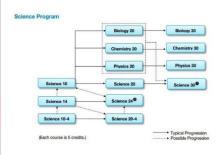
- Meeting centres, banquet services, business hotels
- Food courts, public transit, fitness centres
- Photocopiers, A/V devices, paper.

Christian Saint Cyr, Cannexus 2021

Are you trying to understand the various course sequences toward high school completion?

Are you curious about how to move between the course sequences?

Check out the "Grade 9
Orientation to High School" slide deck (slides 6-9) for all the course sequencing charts. You can find this on your BRSD <u>High</u> School Plus (HS+) (homepage).



Reference: Alberta Guide to Education

Speak to your school regarding available courses.

Speak to your career counsellor to better understand how courses may affect your career and post-secondary plans.

Post-secondary doesn't pay for itself - or does it? Finding funding options for paying for your education - and creating a solid budget - starts with research and understanding your opportunities. Here are a few places to start...

Funding Your Education

Go to BRSD's **HS+** website (Quick Links on your school's website) and click the fourth tab - <u>Funding</u> Your Education.



Go to *myBlueprint* to create a budget under the *Money* tab and read about paying for post-secondary, scholarships, bursaries, grants and student loans in the *Guides* section.



Time to look again! Scholarships are ongoing and student loan

applications are often completed about two months prior to starting post-secondary.

Pivoting in times of uncertainty - place hope in the middle of career planning through visioning, goal setting & planning, implementing, adapting, self-reflection and self-clarity. Andrea Fruhling & Norm Amundson, Cannexus 2021



YiiP: Youth Internship Incentive Program - For Employers

The Youth Internship Incentive Program is designed to increase the number of employers supporting work integrated learning internships in trades and technologies. By providing a financial incentive for employers, this program will expand an employer's ability to achieve their goals as well as to enhance opportunities for youth that align with Alberta's skilled worker needs. The key targets are supporting employers who are new to offering CAREERS internships, supporting existing employers to expand their ability to provide more internships, and supporting employers across the province.

RAP (Registered Apprenticeship Program)

\$1,000 Incentive For Employers

Employers must commit to a **minimum of 125 hours** of on-the-job training, mentorship, and experience to expand high school student internships during the school year beginning September 1st and completing all hours by May 30th. Internship hours can be part-time or full-time.

\$1,800 Incentive For Employers

Employers must commit to a **minimum of 240 hours** of on-the-job training, mentorship, and experience. Internship hours can be part-time or full-time.

\$3,600 Incentive For Employers

Employers must commit to a **minimum of 480 hours** of on-the-job training, mentorship, and experience. Internship hours can be part-time or full-time.

- * All hours must be completed within 16 weeks of the internship start date.
- At the end of the required hours, extending the internship or offering employment will be at the employer's discretion.
- * Employers can apply for funding incentives for up to three (3) **new** student positions within October 1st to September 30th of the following year.
- * YiiP payments will be provided to employers at the conclusion of the minimum required hours.
- * Funding can be utilized to offset expenses incurred in providing a work integrated learning experience including: Student Wages, Safety Training Requirements, Personal Protective Equipment (PPE) directly related to the student's position, and Mentorship Support.

Go to Careers: The Next Generation - www.careersnextgen.ca/yiip/ for more information and to apply. You can also contact Clayton Roe, BRSD Off-campus Coordinator at 780-722-4058 if you have any questions.

Welcome to our New FSLW



Michael Cole is our new FSLW. Michael will be a great fit for our school as he is a very skilled team player! Michael will work 3 days at Tofield and his other school will be Ryley. We look forward to welcoming him to our staff.

Pink Shirt Day - Wednesday February 24th

Pink shirt day brings awareness to the harms that bullying causes others and promotes anti-bullying.

Celebrated annually around the globe, Pink Shirt Day began in Canada in 2007 when two students, David Shepherd and Travis Price, took a stand against homophobic bullying after a new grade 10 student was harassed and threatened for wearing pink.

Students at Tofield school wear pink shirts on this day to show their support for anti-bullying.

Leadership 15/25







Leadership Class Plans a Games Day Activity for grades 5-9











The senior high leadership class organized a scavenger hunt, 2 relay activities and a would you rather event for students in grades 5-9 as a way to increase Titan School spirit.









LOOKING FOR A JOB?

WE'RE LOOKING FOR YOU!

OUR EMPLOYMENT SERVICES PROGRAM
IS HERE TO ASSIST INDIVIDUALS AGES 15
TO 30 WITH SUPPORT IN FINDING
AND MAINTAINING QUALITY
EMPLOYMENT.

How to connect with us:

- Call/text us at 780-679-8836
- · Email us at info@camroseopendoor.com
- Drop in and visit us at the Gateway Center





Picture Day

is coming soon...







PLEASE DO NOT WEAR A GREEN OUTFIT!

We use a green screen system to privide you with a selection of 30 different backgrounds. This does not work properly when you wear a green outfit. Green outfits will not be photographed with the green screen and will NOT be able to change backgrounds.

Safety Protocols for Picture Day

1. Photographers will be wearing masks and/or face shields at all times when on school property and, in particular, when interacting with students and staff-

2. Hand Sanitizer will be provided for student use. Photographers will use hand sanitizer

frequently throughout the day· 3· A strict NO TOUCH - NO CONTACT rule between students and photographer will be

in place and enforced at all times.

4. The personal grooming tools such as combs and hairspray that are normally provided will not be available this year. Tissues and wipes will be made available, however, students (no matter how young) will be required to wash and wipe their own faces prior to photography. A mirror will be provided for students to check their own

-5. Students will NOT be allowed to touch anything in the photography area. Surfaces that may be touched will be cleaned and disinfected at the beginning and ending of every picture day and again at a rate of once per 1.5 hours on site at a school or a minimum of 4 times per day.

Picture days at your school will be:

Tofield School RETAKES - FRIDAY, APRIL 9th

10340 - 121 Street, Edmonton, Alberta, T5N 1K8 Phone or Text - 780-452-0293 Toll Free - 1-866-452-0293 email: seniorstambaugh@gmail.com



April 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Good Friday	3
4 Easter	5 Easter Monday	6 School resumes	7	8 Early Dismissal	9 Picture Retakes	10
11	12	13	14	15	16	17
18	19	20	21	22	No school for students	24
25	26	27	28	29	30	