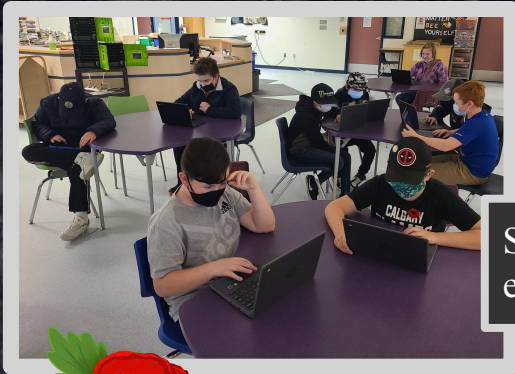




# Tofield School Newsletter

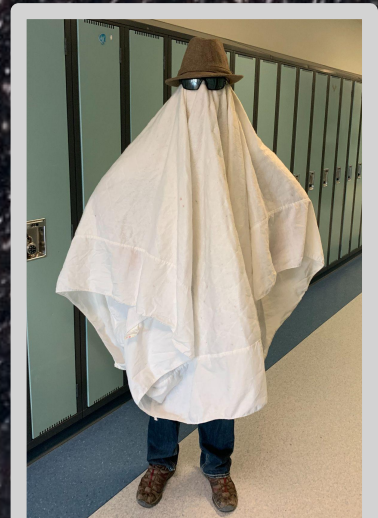
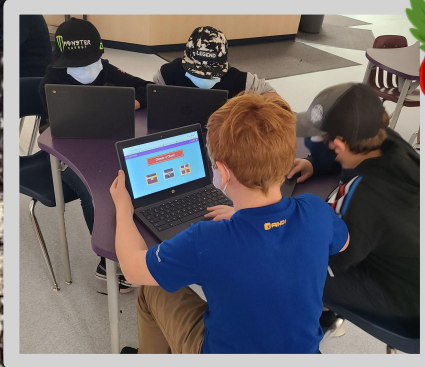
November 2021



Students played Book-It for elementary Titan Time.



Sr. Girls Volleyball at zones in Rocky Mountain House.



Halloween was celebrated with a haunted house and fun activities.



Students made poppies for Remembrance Day.



Grade 12s had their first grad meeting.



# Administrative Message

We made it to mid-November without any major weather. Well, that certainly changed over the November Break! It is a great time to remind everyone about the importance of appropriate winter wear for the conditions. We are nearing the latter half of Semester One and continue to be impressed with our students and staff for their commitment and focus on learning. Our teachers spent a solid day together on November 16th planning, collaborating and finalizing report cards. It is a busy time and we would like to take a moment to thank our families for their support, understanding and kindness as we continue to navigate through extremely difficult circumstances. We receive many messages of positivity and grace from parents, past students, and community members. We truly appreciate knowing that we are making a difference for our students! There is not enough space in this Newsletter to extend the gratitude that we have for our incredible teaching and support staff. I would like to take another opportunity to thank our coaches and volunteers for their willingness to guide sport for our cross country and volleyball seasons. It can be a thankless job, requires many additional hours to existing work days, and our coaches deserve every accolade possible. We thank our community for being respectful, understanding and kind with the protocols. Our goal remains to keep sports going all year! Bring on basketball! We hope to have a good turn out for Parent Teacher Interviews, in whatever way you can attend! We are always excited to share the growth that students are making at this point in the school year, and are eager to strategize when they are having difficulties with their learning. We are here for you so please reach out to us!



**Janice Muench**  
Principal

**Chad Kendall**  
Assistant Principal



Don't forget to follow us on instagram  
@ tofield\_school.

You can find a link to our Athletics handbook and Codes of Conduct below:

[Athletics Handbook](#)

[Athletics Codes Of Conduct](#)

## Family School Liaison Workers (FSLWs)

Your Family School Liaison Worker (FSLW) at Tofield School is Michael Cole. FSLWs can help find resources to other helping professionals and bridge the gaps between those professionals and the school, connect you with community resources, help advocate with the school, or support with social/emotional challenges. To see one of the FSLWs, you can fill out a referral form.

*\*If a student is 13 years old or younger, parental consent must be provided for ongoing support. If a student is 14 or older, those students can consent on their own for FSLW service.*



# Titan Sports



## Volleyball

The Junior High Girls Volleyball Team attended the 2021 Battle River Regional Championships in Daysland on Tuesday, November 9th. Good job Girls.



The Senior High Girls Volleyball Team will be attended the 2021 2A Central Zone Volleyball Championships in Rocky Mountain House on Saturday, November 20th. Good job Girls.



The Senior High Boys Volleyball Team attended the 2021 2A Central Zone Volleyball Championships in Camrose (OLMP) on Saturday, November 20th. Good job Boys.



## Basketball

Basketball season will be in full force in the next couple of weeks. Practices have already begun.

### Volunteers for this year are:

Junior High Girls Basketball - Tanis Miller and Val Rickett

Junior High Boys Basketball - Denis Forstbauer

Senior High Girls Basketball - Jenn Sideroff

Senior High Boys Basketball - Nigel Kendall and Brad Regehr

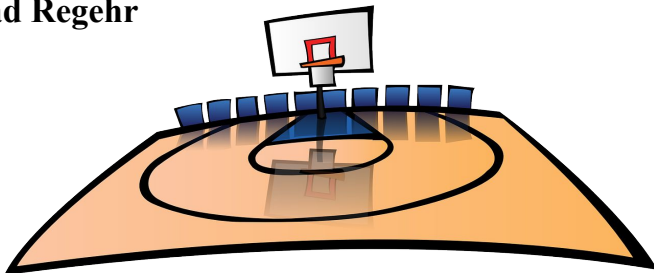
## Special Thanks to the Volunteer Coaches, Parent Volunteers and Staff Liaisons for the 2021 Volleyball Season:

Senior High Girls Volleyball- Mr. Flasha, Leanne Strichuk

Senior High Boys Volleyball- Mr. Woodruff

Junior High Girls Volleyball - Crystal Stevenson, Heidi Fisher, Avery Stevenson and Kathy Scheu

Junior High Boys Volleyball- Mrs. Dey



Thank You

# BRSD Mental Health Capacity Building **WELLNESS COACH CORNER**

Hi! I'm Emma Enright the Mental Health Capacity Building (MHCB) Wellness Coach for Tofield School. The BRSD MHCB program promotes positive mental health through programming. I visit Tofield School 1 day a week. Here's what we've been up to this month.

## **GR. 5 & 6 MINDFUL SCHOOLS**

We are learning how to cope with stress/anxiety and regulate our bodies and emotions. We are practicing increasing our attention through Mindfulness practices like listening.

## **INCLUSIVE EDUCATION GR. 7-12 WELLNESS BREAKS**

We are learning ways to support our mental health through relaxation and co-regulation. We are working with using a Hoberman's Sphere to guide our breathing.

## **GR. 9 HIGH SCHOOL & MENTAL HEALTH**

We are learning about mental health, stigma, mental disorders, coping strategies, and support networks. This understanding of mental health will help to empower students to act as informed advocates for themselves and their peers.

Have questions about mental health? Looking for information or mental health resources in your community? Connect with me:

**Emma Enright**  
**MHCB Wellness Coach**  
780-608-9428  
eenright@brsd.ab.ca



*Ms. Emma*

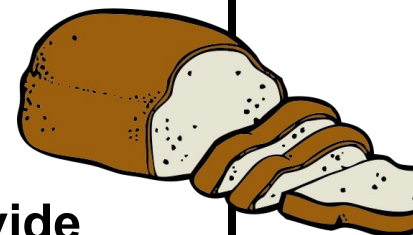


*Safe. Calm. Connected.*  
BRSD WELLNESS

The Breakfast program would like to thank the following for their donations:

Tofield Eyecare  
Busy Bee  
The Hawkins Family  
The Kadach Family

**Thank you for helping us to continue to provide  
breakfast for the students of Tofield School .**





# Important Information for Parents /Guardians



## Sport Fees

Sports fees are due within 30 days of the beginning of the season or within 30 days of when posted to the online payment system. Failure to pay fees within 30 days of posting may result in the athlete being unable to participate. If you are unable to pay fees due to circumstances, contact school administration. Families in need can seek assistance from [Kidsport](#).

## Grade 5 & 6 Parents

Attention parents of Grades 5-6 students, when you view your child's results in the PS portal/app, you will see a percentage age grade alongside the letter grade. BRSD cannot remove the percentage scores as they are a part of the PS system so please disregard the number as it is irrelevant to your child's progress.

## Powerschool

If you would like to download the powerschool app to your mobile device you will need the district code: **NTPH**


## Eye Exams



Getting an eye exam can be very important for student learning. Just a reminder that children's eye exams are covered by AHS.

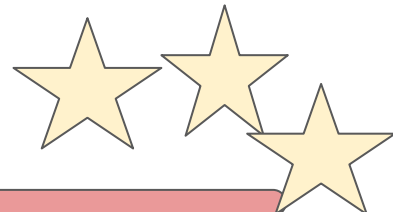
Please return all registration forms to the school as soon as possible. It is important to keep registrations updated. Please contact us if your information changes.

# Did You Know?



Did you know our outdoor ed classes went to the Beaverhill Bird Observatory?

Did you know our junior high classes started their second term option classes?



Did you know Christmas break begins Dec 20th?

Did you know students took part in Remembrance Day ceremonies?

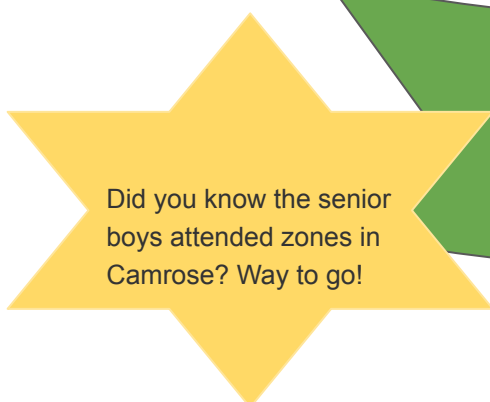
Did you know our library sold cookie dough and chocolates to buy a green screen, new books and robots? Thanks to all those who supported this event.

Did you know our senior girls team played in zones in Rocky Mountain House?

The Jam Club and Breakfast Program is up and running with many generous sponsors? Thank you!

Did you know Grad cookie walk is December 10th?

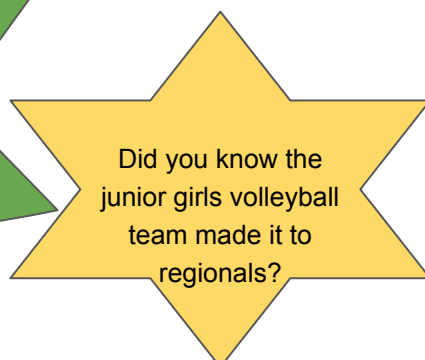
**Kindness is free. Sprinkle it everywhere.**



Did you know the senior boys attended zones in Camrose? Way to go!



**Tofield School**



Did you know the junior girls volleyball team made it to regionals?



## TOFIELD SCHOOL STUDENT CODE OF CONDUCT

1. Students must not loiter in the hallways during class time and at lunch. Hallways must be kept clear.
  - a. Grades 5 – 8 students eat in their **homerooms** for the first half of lunch hour.
  - b. Students in Grades 7-8 must have a signed note from their parents in order to leave the school grounds during the lunch hour.
  - c. Grades 9-12 students are permitted to leave the school during lunch break or they can eat their lunch in either the student lounge, at a flex table or in a classroom in the high school hallway.
  - d. The second half of lunch hour is spent in the gym, outside, or in classrooms.
  - e. The concession will be open during the first half of lunch.
2. Body contact, contact sport and roughhousing is not permitted at any time.
3. Skateboards, roller blades, scooters, and hee-lies are not to be used on school property.
4. Food and drink should be consumed at breaks. During class time, the consumption of food and drink is, as needed by the student, at the discretion of the teacher.
5. Clean footwear must be worn in the school and students must wear non-marking indoor shoes in the gym.
6. Students are expected to attend, be on time, and be prepared for all classes.
7. All students must have parental permission and sign out when leaving the school during the day for appointments and will sign in when returning from appointments.
8. Students will obey all safety rules of the school.
9. The use of profane language is prohibited on school property and on school buses.
10. Students will be respectful to all staff members and respect school property.
11. Students are required to ask permission from the teacher when leaving the classroom during instructional time.
12. Students will adhere to the Tofield School Digital Device Policy (Appendix A in the Tofield School Handbook).
13. Students will adhere to the Tofield School Appropriate Dress Policy (Appendix F in the Tofield School Handbook).
14. **Use, possession, and/or distribution** of substances such as tobacco products, vapes, alcohol, cannabis, and any illegal drugs in the school and on school property is strictly prohibited. Students are not permitted to use any of the aforementioned substances on school property or within sight of the school. Students using, possessing, distributing, and/or under the influence of prohibited substances while at school will face disciplinary action.
15. To be eligible to park in student parking lot, students must complete a Parking Lot Agreement form. Student drivers are expected to follow traffic laws and display etiquette when using the parking lot.

## **1. Behavioural Expectations**

### *1.1 Work Ethics*

- 1.1.1 Students must attend school regularly and punctually.
- 1.1.2 Students will complete all assignments and homework.
- 1.1.3 Students will work to the best of their ability.
- 1.1.4 Students will continually strive for excellence in all endeavors.

### *1.2 Respect for Self and Others*

- 1.2.1 Students will dress appropriately and use appropriate language and deportment.
- 1.2.2 Students will respect the diversity, safety, privacy, and wellbeing of all.
- 1.2.3 Students will adhere to this Code of Conduct, as it relates to classmates, school mates and school staff, within the school building, during school hours, at school functions and beyond school hours both in person and when using electronic means of communication.

### *1.3 Respect for Authority*

- 1.3.1 Students will adhere to all Board and school policies and procedures.
- 1.3.2 Students will cooperate fully with everyone authorized by the Division to provide educational programs and services.
- 1.3.3 Students will conduct themselves with respect for legal authority.

### *1.4 Respect for Property*

- 1.4.1 Students will respect school property.
- 1.4.2 Students will respect the property of others.

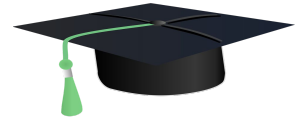
## **Recommendations Regarding Consequences for Major Offenses**

Suspension, with the possibility of expulsion, is an appropriate consequence for:

- I. Physical or emotional abuse, violence, assault, and threats to student/staff safety (including possession of weapons);
- II. Possession and/or use of prohibited drugs and/or alcohol;
- III. Open defiance and/or opposition to authority;
- IV. Sexual and \ or other harassment of other students;
- V. Theft;
- VI. Vandalism;
- VII. Bullying; and
- VIII. Other conduct injurious to the moral tone of the school.



# Grad 2022



Grad 2022 planning has begun! On November 3, we held the initial student and family grad meetings to go over important information. Thank you to all of the grads and their parents/guardians for attending. For those who signed up for committees: be prepared to start planning your part in the next couple of months. We will be holding a Grad Executive meeting here in December to discuss next steps in planning Grad 2022.

A huge thanks to the grads and parents who signed up for the Fundraising committee. They took on the task of organizing our annual Cookie Walk, which will be held on Friday, December 10th in the Gym. See the ad here in the newsletter for more info.

The next Family Grad meeting will be in February 2022. Watch for the date and time in your emails!

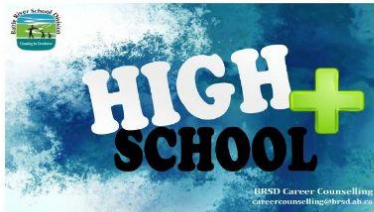
**Tofield School's High School Graduation will be held on Friday, May 13, 2022.**

If you have any questions re: Grad, please contact Ms. Korpan either by phone (780-662-3133) or by email ([mkorpan@brsd.ab.ca](mailto:mkorpan@brsd.ab.ca)).

## Beaverhill Bird Observatory



The outdoor education classes were able to go on a field trip to the Beaverhill Bird Observatory where they were able to observe the local wetland and participate in the bird banding program. Students were able to see and learn about the impact of different species on the environment and how the wetland is preserved and managed. Bat houses, beaver dams, birds nests and feeders were only some of the things students got to enjoy. They also learned a little bit about the wetland cycle of Beaverhill lake and the water coming back.



# Career Counselling

December 2021 Newsletter



**Do you check your School and personal emails regularly!**

The Career Counselling Team has noticed students need support and encouragement to monitor and manage their email accounts. This is an important skill for life.

Interviews Today... Talk to the Computer	Looking for More New Programs?	Watch for Missing Pieces with your Application
<p><i>"I skate to where the puck is going, not where it has been."</i> Wayne Gretzky</p> <p>The future of job interviews is rapidly changing. According to an article shared in <a href="#">Talent Canada</a> the shift to less personal online interviews is becoming the norm for many organizations.</p> <p>Wondering how this may look?</p> <p>Live Video Calls Recorded video</p>  <p>Does this make you anxious? Check out the <a href="#">Online Job Interview Tips &amp; Suggestions</a> from <i>Indeed</i> and the infographic <a href="#">How Not to Look Ugly on a Webcam</a> by <i>Mixergy</i>.</p> <ul style="list-style-type: none"> <li>Test your technology</li> <li>Choose your location</li> <li>Gather your materials</li> <li>Dress professionally</li> <li>Prepare your own questions</li> <li>Make eye contact</li> <li>Body Language</li> <li>Relax</li> <li>Have a back-up plan</li> <li>Follow-up</li> </ul> <p><b>PRACTICE! PRACTICE! PRACTICE!</b></p>	<p>SAIT is very excited to offer the new <b>Remotely Piloted Aircraft Systems (RPAS) Program</b>. Interested in computer network design, maintenance and support? SAIT has a new <b>Networks Systems Specialist Certificate</b>.</p>   <p>Red Deer Polytechnic has a new name and new programs! Complete a <b>Bachelor of Arts in Psychology</b> or a <b>Bachelor of Science in Psychology</b>. New to the lineup are also a two year <b>University Arts Diploma</b> where students learn about issues and people shaping the world or a <b>Bachelor of Science in BioScience</b> to prepare students for work in a related area or graduate studies.</p>  <p>Do you love the arts? Maybe the University of Lethbridge's new <b>Bachelor of Fine Arts - Art (Art History/ Museum Studies)</b> is the innovative program for you!</p>	<p>You've applied - now what? Many post-secondary programs require additional application pieces with their own set of deadlines.</p>  <p>Students who need to present strong situational/judgement skills may need to register for the <a href="#">CASPer</a> test. Others may need to sharpen their interview skills for specific programs by preparing and practicing questions. Don't forget to consider technology and room set-up as most interviews are now completed virtually.</p> <p>And it doesn't stop there!! Other application pieces may include:</p> <ul style="list-style-type: none"> <li>• auditions</li> <li>• fitness requirements</li> <li>• letters of intent</li> <li>• portfolios</li> <li>• career investigation report</li> <li>• medical requirements</li> <li>• personal profile</li> <li>• reference letters</li> <li>• volunteer hours</li> <li>• work experience hours and</li> <li>• proof of enrollment.</li> </ul>

*Happy holidays and we look forward to seeing you in the new year!*






## From the Office

# ATTENDANCE

Please email  
[tofield-aa@brsd.ab.ca](mailto:tofield-aa@brsd.ab.ca)  
to inform us if your child is  
absent from school.

- **Sign out** – Please remember that every student is expected to sign in & out of the school, if you arrive late, leave early, or are in and out during the day. The sign out sheet is a safety measure to ensure that all students are accounted for in the event of a problem.
- **New Physical Address** – Please inform the office of your new address ASAP, either by email ([cperry@brsd.ab.ca](mailto:cperry@brsd.ab.ca)), note or phone call.
- **New Email Address** – Please inform the office of your new email address ASAP, either by email ([cperry@brsd.ab.ca](mailto:cperry@brsd.ab.ca)), note, or phone call.

## SCHOOL FEES



School fees for Quarter 1 and Quarter 2 are due and payable online. Invoices have been sent home with report cards. Please make payment by visiting the Tofield School website and clicking on the “Online Payments and Ordering” icon (located at the bottom of the page) and follow the links. Yearbook fees are optional and are not included in your fees total. If you have any questions or concerns, please contact Janet Carlson at [jcarlson@brsd.ab.ca](mailto:jcarlson@brsd.ab.ca).

BRSD has applied a Technology Fee of \$20.00 to all students to assist in offsetting the costs of enhanced internet bandwidth, wireless connections and software that is used by students. If you have any questions or concerns regarding this fee, please contact [dhutchinsonbrsd.ab.ca](http://dhutchinsonbrsd.ab.ca).

**Please ensure you have updated Tofield School with your MOST up to date contact information! In these unprecedented times, it is of the utmost importance that we can contact you in an efficient manner with important information. We thank you for your continued support.**



# Leadership Class Activities



Leadership students participated in some recognition of community service.



Students led Halloween events like bulletin boards, pumpkin carving and a haunted house.



Students helped with Remembrance Day coloring contests and bulletin board creations.







# **Grad Cookie Walk**



**When**- Friday, December 10, 2021  
3-5 pm

**Where**- Tofield School Gym

Cookies are \$7 a dozen or \$20 for 3 dozen

To pick up cookies,

Option 1: pick out cookies inside the school  
(vaccine passport needed)

Option 2: pick up preselected cookies outside  
the school (no vaccine passport needed)

**Come Support the Grad class of 2022!**



# December 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10 Grad Cookie Walk 3-5	11
12	13	14	15	16	17	18
19	20 No School December 20th to Jan. 3rd	21	22	23	24	25 Christmas Happy Holidays!
26	27	28	29	30	31	

