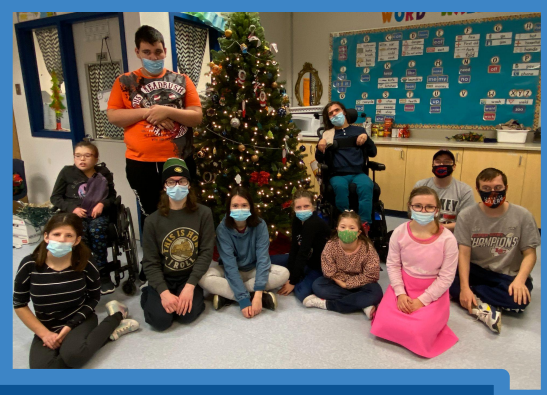
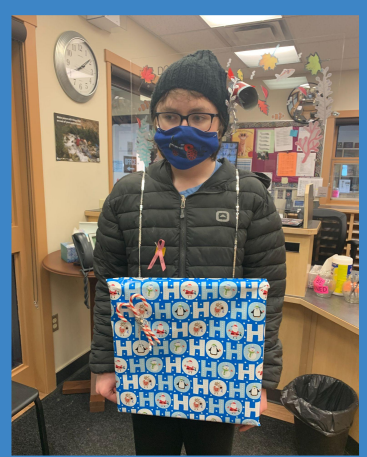
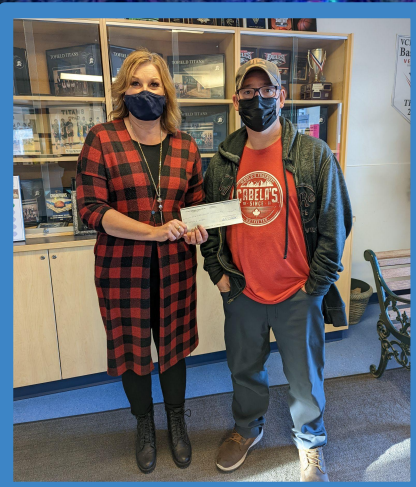
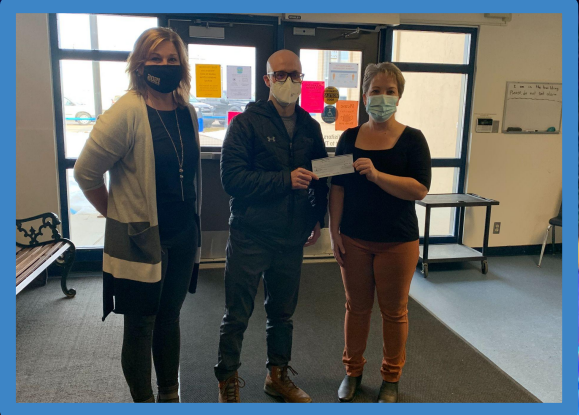




SSP students did an advent calendar of community kindness.



Tofield School Breakfast Club received some generous donations.



Students and staff participated in Spirit Week activities.

The grad class received a \$1000 donation.



Tofield School Newsletter

December 2021

Administrative Message

December is a month that can bring so many emotions forward for people! We recognize that some are struggling and we are also aware that others are in a position to give. One thing that we can call carry forward in the holiday season is a commitment to kindness, generosity, and compassion for others. There are many ways to be generous that do not require money. Please consider giving the gift of time, a smile, understanding, love, and forgiveness. These are all free and will ultimately lend to making the world a better place. We have had a busy month and are already planning the finale of December with our leadership classes. This is a time for our annual (Covid-Safe) assembly that will include trivia, lost and found fashion show, caroling and so much more! We are so grateful for the work of our staff and want to wish everyone a happy holiday! We hope that you can enjoy some family time, reading, relaxing, rejuvenating and resting!



Janice Muench
Principal

Chad Kendall
Assistant Principal

Don't forget to follow us on instagram
@ tofield_school.

“Hate. It has caused a lot of problems in this world but has not solved one yet.” –
Maya Angelou

You can find a link to our Athletics handbook below:

[Tofield School Athletics Handbook](#)

Family School Liaison Workers (FSLWs)

Your Family School Liaison Worker (FSLW) at Tofield School is Michael Cole. FSLWs can help find resources to other helping professionals and bridge the gaps between those professionals and the school, connect you with community resources, help advocate with the school, or support with social/emotional challenges.

Tofield School Vision Statement:

Titans stand on a foundation of collaboration, compassion, critical thinking, and connectedness. As we discover our purpose and passion, we develop diverse, equitable, and optimistic goals for today and tomorrow. TITANS make the world better.



Titan Sports



Basketball

Upcoming Games (Senior High):

- January 10 vs. Blessed Sacrament

Upcoming Games (Junior High):

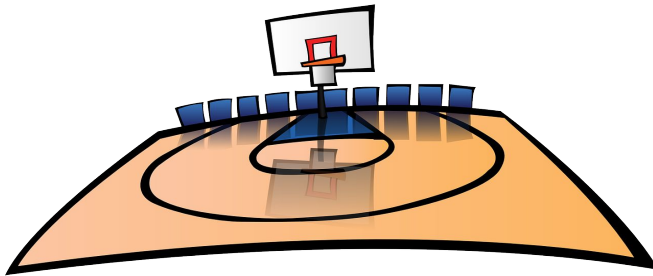
Boys

- Jan. 5 vs. RYL
- Jan. 12 vs. HL
- Jan. 19 vs. VIK
- Jan. 26 vs. RH

Girls

- Jan. 12 vs. HL
- Jan. 19 vs. VIK

Games are being live streamed ! Link to the live streams can be found on the Tofield School website.



Volleyball

Thank you to all players and coaches who participated in volleyball this year. Congratulations on a great season!



Volunteers Coaches for Basketball this year are:

Junior High Girls Basketball - Tanis Miller and Val Rickett

Junior High Boys Basketball - Denis Forstbauer

Senior High Girls Basketball - Jenn Sideroff

Senior High Boys Basketball - Nigel Kendall and Brad Regehr



DIVISION 2 BASKETBALL SCHEDULE 2021/22

BOYS:

GIRLS

Dec. 6

CCA @ HL
RYL @ VIK
RH @ TOF

CCA @ HL

Dec. 8

CCA @ TOF
HL @ VIK
RH @ RYL

CCA @ TOF
HL @ VIK

Jan. 5

VIK @ CCA
TOF @ RYL
HL @ RH

VIK @ CCA

Jan. 12

RYL @ CCA
TOF @ HL
RH @ VIK

TOF @ HL

Jan. 19

HL @ RYL
VIK @ TOF
CCA @ RH

VIK @ TOF

Jan. 26

HL @ CCA
VIK @ RYL
TOF @ RH

HL @ CCA

Feb. 2

TOF @ CCA
VIK @ HL
RYL @ RH

TOF @ CCA
VIK @ HL

Feb. 7

CCA @ VIK
RYL @ TOF
RH @ HL

CCA @ VIK

Senior High Schedule

December 6 (Exhibition Only)			
Away	Score	Home	Score
Tofield		Blessed Sacrament	
Wainwright	40	Sedgewick	69
Jan 10			
Away	Score	Home	Score
Sedgewick		OLMP	
Blessed Sacrament		Tofield	
February 2nd (NOTE WEDNESDAY)			
Away	Score	Home	Score
OLMP		Tofield	
Sedgewick		Wainwright	
Feb 7			
Away	Score	Home	Score
Tofield		Wainwright	
OLMP		Blessed Sacrament	
Feb 14			
Away	Score	Home	Score
Wainwright		Blessed Sacrament	
Tofield		Sedgewick	
February 23 (NOTE WEDNESDAY)			
Away	Score	Home	Score
Blessed Sacrament		Sedgewick	
Wainwright		OLMP	
Feb 28-Mar 3			
Make up Games			
March 11-12 (Zones)			
West Hosts Boys			
East Hosts Girls			
March 17-19 Provincials			
Oilfields High School (Girls)			
Bears paw Christian (Boys)			



Congratulations to our volleyball teams and coaches for an amazing season. Way to show your Titan spirit!

BRSD Mental Health Capacity Building **WELLNESS COACH CORNER**

Hi! I'm Emma Enright the Mental Health Capacity Building (MHCB) Wellness Coach for Tofield School. The BRSD MHCB program promotes positive mental health through programming. I visit Tofield School 1 day a week. Here's what we've been up to this month.

GR. 5 & 6 MINDFUL SCHOOLS

We are learning how to cope with stress/anxiety and regulate our bodies and emotions. We are practicing increasing our attention through Mindfulness practices like listening.

INCLUSIVE EDUCATION GR. 7-12 WELLNESS BREAKS

We are learning ways to support our mental health through relaxation and co-regulation. We are working with using a Hoberman's Sphere to guide our breathing.

GR. 9 HIGH SCHOOL & MENTAL HEALTH

We are learning about mental health, stigma, mental disorders, coping strategies, and support networks. This understanding of mental health will help to empower students to act as informed advocates for themselves and their peers.

Have questions about mental health? Looking for information or mental health resources in your community? Connect with me:

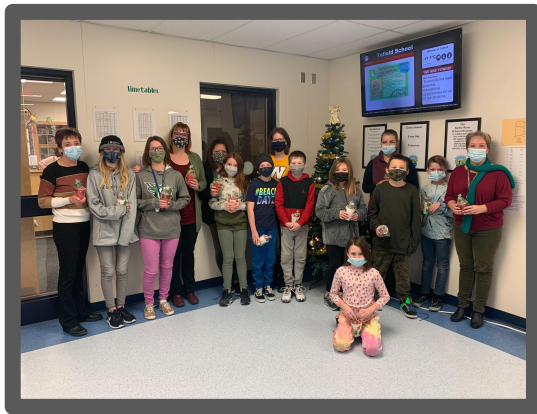
Emma Enright
MHCB Wellness Coach
780-608-9428
eenright@brsd.ab.ca



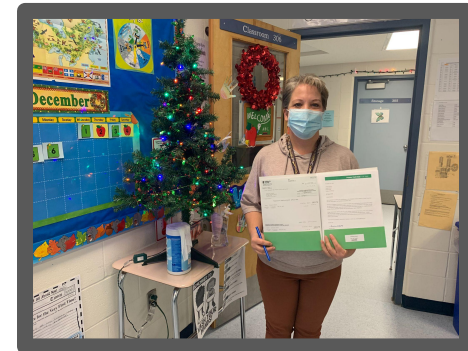
Ms. Emma



Safe. Calm. Connected.
BRSD WELLNESS



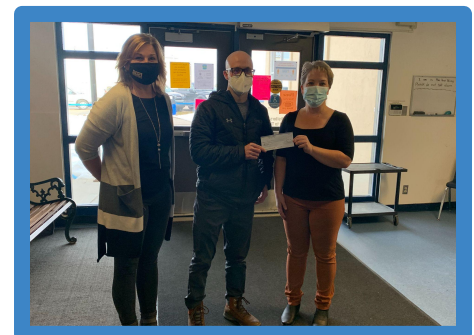
Thank you to all our Staff and student volunteers that help run our breakfast program we couldn't do it without you!



Mrs. Kropielnicki shows a grant Tofield School received for the breakfast program.

The Breakfast program would like to thank the following for their donations:

- Tofield Eyecare
- Busy Bee
- The Hawkins Family
- The Kadach Family



Thank you for helping us to continue to provide breakfast for the students of Tofield School .

Tofield EyeCare donated \$1000 to the Tofield School's Breakfast Club

Important Information for Parents /Guardians



Sport Fees

Sports fees are due within 30 days of the beginning of the season or within 30 days of when posted to the online payment system. Failure to pay fees within 30 days of posting may result in the athlete being unable to participate. If you are unable to pay fees due to circumstances, contact school administration. Families in need can seek assistance from [Kidsport](#).

Technology Coaches Needed

Be part of a group of teens making a difference in their community by helping local Seniors understand their smartphones, tablets and computers. Scheduling is flexible and you can volunteer as little as 1 hour a week. What's in it for you? Beside the feel good factor, volunteer hours can be used for course requirements, and provide excellent references for future employment!

Call 780 663 3732 or email calp@beaver.ab.ca for more information

Powerschool

If you would like to download the powerschool app to your mobile device you will need the district code: **NTPH**

Eye Exams



Getting an eye exam can be very important for student learning. Just a reminder that children's eye exams are covered by AHS.

“There is little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative.” – **W. Clement Stone**

Skills Alberta 2022 Competition and Programming Update

Competition season is just around the corner, and we know you have been patiently awaiting updates on the format for this year's competitions and our other programs. We have spent the last few weeks working collaboratively with school boards, teachers, volunteer base, and suppliers to figure out the best course of action for all our stakeholders.

Due to restrictions on travel for many school boards in Alberta, and to ensure that our secondary competitions are as inclusive as possible, they will once again be hosted virtually in-school. In an effort to streamline the delivery of competitions and respect the availability of resources and capacity, the Regional and Provincial competitions will be combined into the free **2022 Secondary Skills Canada Alberta Virtual Competition**, where one day competitions for each contest area will be held **April 11 – 14, 2022**. Registration will open on **January 26, 2022**. Post-Secondary competitions will still be hosted in-person at the 2022 Post-Secondary Provincial Skills Canada Competition at the Edmonton EXPO Centre on May 4 & 5, 2022.

There will be a virtual Skills Canada Alberta Awards Ceremony for both events on **May 6, 2022, at 6:30 p.m.** For competitions that progress onto the 2022 Skills Canada National Competition, all secondary students will be competing virtually from **May 16-28, 2022**. More details to come later.

As ever, we are committed to putting all our time and energy into creating an extraordinary experience for all competitors.

As there will be no school field trips or Skill City at the 2022 Provincial Skills Canada Competition, we will continue to provide other hands-on career exploration experiences for your students, including:

- Try-A-Trade® Takeout (order form to open March 7)
- A month-long Girls Exploring Trades and Technologies program in March, in celebration of International Women's Month (registration to open February 2)

Even though our programs continue to evolve and adapt to our province's circumstances, one thing remains the same – our goal of inspiring, developing, and elevating Alberta's skilled youth. We thank you for your patience and for your continued support and involvement with Skills Canada Alberta.

Important Dates:

Fashion Technology Qualifying Skills Canada Competition registration opens: January 26, 2022

Secondary Skills Canada Alberta Virtual Competition registration opens: January 26, 2022

Girls Exploring Trades and Technologies registration opens: February 2, 2022

Try-A-Trade® Takeout orders open: March 7, 2022

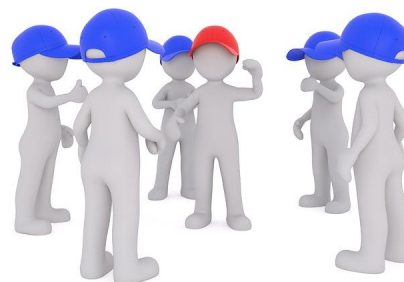
Secondary Skills Canada Alberta Virtual Competition: April 11-14, 2022

Post-Secondary Provincial Competition: May 4 & 5, 2022

Skills Canada Alberta Virtual Awards Ceremony: May 6, 2022

Secondary Skills Canada Virtual National Competition: May 16-28, 2022 (reference skillscompetencescanada.com for up-to-date information)

Post-Secondary Skills Canada National Competition: May 25-28, 2022



Did You Know?

Did you know that Noel comes from the French phrase "les bonnes nouvelles" meaning the good news?

Did you know the largest gingerbread house ever built was 160 feet long, 42 feet wide and 10.1 feet tall?

Did you know that there are nearly 750 different versions of "Silent Night"?

Did you know that the Christmas tree was invented by the Egyptians and Romans?

Did you know that if you gave all the gifts listed in the twelve days of Christmas songs it would equal 364 presents?

Did you know that tinsel was once made of real silver?

Did you know that Coca Cola is responsible for Santa's design?

Did you know that "Jingle Bells" was originally a Thanksgiving song?

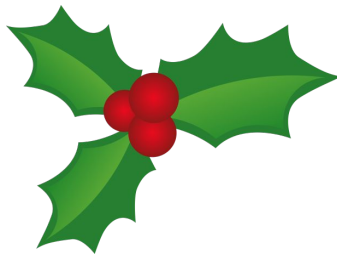
Faith is having a positive attitude about what you can do and not worrying at all about what you can't do." – **Joyce Meyer**

Did you know that the candy cane is 250 years old and originated in Germany?

Tofield School

Did you know the tradition of hanging stockings comes from a Dutch legend?

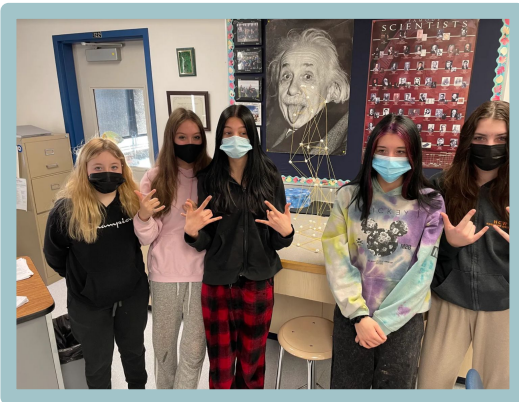
Goodbye Miss Umphrey



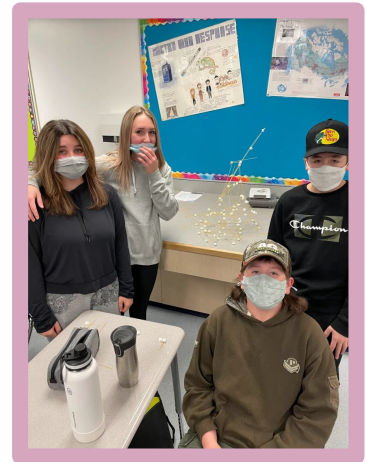
Congratulations to Sharnelle Umphrey on completing her final teaching practicum! 6N and 6C will miss her a lot. The students loved all of the fun activities she incorporated into their learning, especially with Science. Ms. Umphrey will be heading back to university to complete her final term of school and will graduate in April. We wish Ms. Umphrey all the best in her future teaching career. And we would love to see her come back to Tofield School!

Grade 9 Build Spaghetti Towers

“Instead of worrying about what you cannot control, shift your energy to what you can create.” – **Roy T. Bennet.**



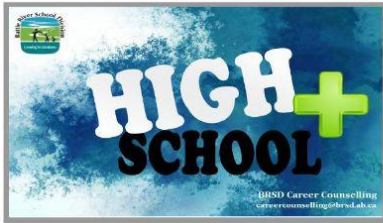
Grade 9s collaborated as teams to complete a challenge of building the tallest structure using only spaghetti and marshmallows.



Grade 5 Community Service

Mrs. Kropielnicki's Grade 5 class did a Community Service Christmas Project to brighten the spirits of clients from the Scattered Sites Program in Edmonton. We made almost 50 cards for Mobile Support Workers to deliver around the city of Edmonton!







Career Counselling

January 2022 Newsletter

Use labour market information as an opportunity!!

Research trends to consider in career planning include retiring baby boomers, globalization, use of computer & online skills and growth trends in specific industries including jobs that adapt to multiple industries (ALIS).

<h3>Inclusive Post-Secondary Education</h3>	<h3>Post-Secondary Residence</h3>	<h3>Indigenous Students</h3>
<p>Looking for an inclusive post-secondary education experience for your student? Many colleges and universities offer seats for students with special needs in a huge variety of programs where they experience campus life and consider career opportunities. If your child is PDD eligible, check out inclusive education on specific institutions' websites or Inclusion Alberta for more information.</p>  <p>Will you require learning accommodations?</p>  <p>Connect with Student Services & Accessibility Services EARLY to begin the process of obtaining accommodations, or to review and manage approved accommodations. These processes can take time, and there will be deadlines, so you will want to start early and ensure the supports are in place before you start your studies.</p>	<p>Want to be more closely connected to your post-secondary community?</p> <p>LIVE WHERE YOU STUDY!</p> <p>Enjoy the benefits and support geared for student life in residence.</p> <p>Most post-secondary institutions encourage you to apply for residence early (with your original application). Keep in mind, many are reserved on a first come, first served basis.</p> <p>Choose from the many options available: individual or shared accommodation, meal plan options and suite styles such as studio, bachelor, or apartment.</p>  <p>Concerned about living in residence and COVID? Check out your post-secondary site for details on the additional health measures in place and vaccination requirements.</p>	<p>Be sure to check out the Indigenous Learner initiatives for post-secondary on the High School + Website.</p>  <p><i>McMichael Art Collection</i></p> <p>Indigenous Post-Secondary Google Classroom - Many institutions offer Indigenous specific scholarships. Join the new Indigenous Post-Secondary Google Classroom - code nu6zvh6. BRSD Equity Coordinator, Eric Jensen, is continually adding information and details for our Indigenous population. Feel free to contact him for more information at ejensen@brsd.ab.ca.</p>

Check out diploma prep courses online. Many offer intense review sessions close to exam dates. [Diplomax](#), [Rock the Diploma](#) & [Alberta Diploma Prep](#) are choices with a variety of delivery options.

VIRTUAL SESSIONS

TAKE ON THE FUTURE AND LEARN FROM ALBERTA INDUSTRY EXPERTS

November 30 • Industrial Trades
(YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

January 12 • Agriculture/Cooking
(YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

January 18 • Agriculture - Plant Systems

February 16 • Forestry

February 24 • ICT/Forestry
(YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

March 8 • Scaffolding

March 17 • Automotive/Mechanical
(YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

March 23 • Mechanical Trades

April 5 • Service Trades

April 20 • Pipe Trades

May 10 • Information and Communications Technology

May 17 • All Opportunities/Summer Internships

CALENDAR



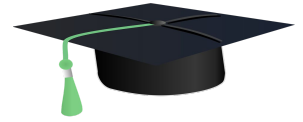
careersnextgen.ca/events

for information email or call
events@nextgen.org
1.888.757.7172



CAREERS
take on the future

Grad 2022



Grad 2022 planning has begun! On November 3, we held the initial student and family grad meetings to go over important information. Thank you to all of the grads and their parents/guardians for attending. For those who signed up for committees: be prepared to start planning your part in the next couple of months. We will be holding a Grad Executive meeting here in December to discuss next steps in planning Grad 2022.

A huge thanks to the grads and parents who signed up for the Fundraising committee. They took on the task of organizing our annual Cookie Walk, which was held on Friday, December 10th in the Gym.

The next Family Grad meeting will be in February 2022. Watch for the date and time in your emails!

Tofield School's High School Graduation will be held on Friday, May 13, 2022.

If you have any questions re: Grad, please contact Ms. Korpan either by phone (780-662-3133) or by email (mkorpan@brsd.ab.ca).

[Tofield School Shop](#)

Tofield School Clothing items can be purchased through this link:

[Tofield School Clothing Store](#)

The store closes December 31, and orders will be delivered in January.



“If you want light to come into your life, you need to stand where it is shining.” – **Guy Finley**


From the Office

ATTENDANCE

Please email
tofield-aa@brsd.ab.ca
to inform us if your child is
absent from school.

- **Sign out** – Please remember that every student is expected to sign in & out of the school, if you arrive late, leave early, or are in and out during the day. The sign out sheet is a safety measure to ensure that all students are accounted for in the event of a problem.
- **New Physical Address** – Please inform the office of your new address ASAP, either by email (cperry@brsd.ab.ca), note or phone call.
- **New Email Address** – Please inform the office of your new email address ASAP, either by email (cperry@brsd.ab.ca), note, or phone call.

SCHOOL FEES



School fees for Quarter 1 and Quarter 2 are due and payable online. Invoices have been sent home with report cards. Please make payment by visiting the Tofield School website and clicking on the “Online Payments and Ordering” icon (located at the bottom of the page) and follow the links. Yearbook fees are optional and are not included in your fees total. If you have any questions or concerns, please contact Janet Carlson at jcarlson@brsd.ab.ca.

BRSD has applied a Technology Fee of \$20.00 to all students to assist in offsetting the costs of enhanced internet bandwidth, wireless connections and software that is used by students. If you have any questions or concerns regarding this fee, please contact dhutchinson@brsd.ab.ca.

Please ensure you have updated Tofield School with your MOST up to date contact information! In these unprecedented times, it is of the utmost importance that we can contact you in an efficient manner with important information. We thank you for your continued support.





Leadership Class Activities

The students planned a giving tree as one of their Christmas activities .



The Leader Class planned a Christmas themed Spirit Week for the week of December 6-11.

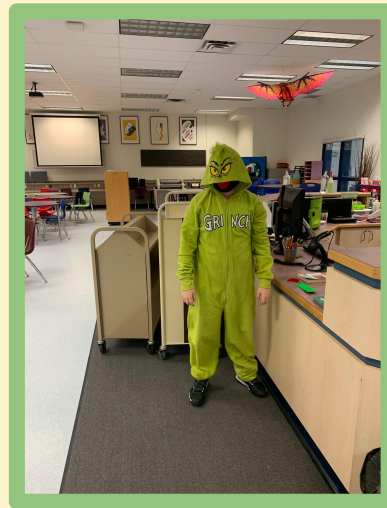
Monday was Christmas Sweater Day

Tuesday was Crazy Hair Day

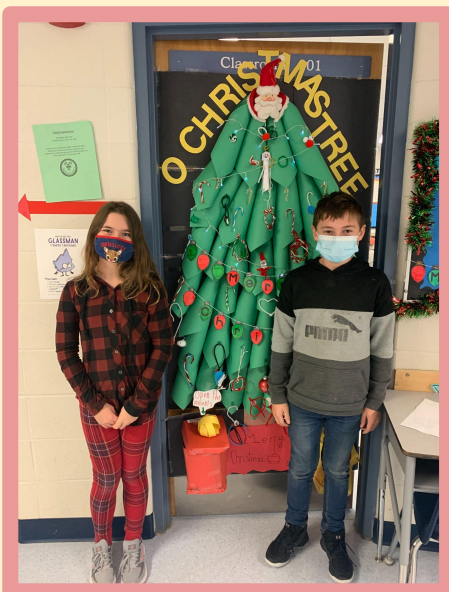
Wednesday was Christmas Character Day

Thursday was Holiday Hat and Sunglasses Day

Friday was Pajama Day



“Being miserable is a habit; being happy is a habit, and the choice is yours.” – **Tom Hopkins**



Reindeer games was an exciting yearly tradition.

Students planned a door decorating contest for grades 5-8.



Merry Christmas from Tofield School Staff



Our Hope for the New Year

Kindness means more than being agreeable and pleasant. Kindness and truth go hand in hand. To be clear is to be kind. Here is a beautiful poem, and please feel free to replace God with whatever you believe makes the world a better place!

PEOPLE ARE OFTEN UNREASONABLE, IRRATIONAL, AND SELF-CENTERED.
FORGIVE THEM ANYWAY.
IF YOU ARE KIND, PEOPLE MAY ACCUSE YOU OF SELFISH, ULTERIOR MOTIVES.
BE KIND ANYWAY.
IF YOU ARE SUCCESSFUL, YOU WILL WIN SOME UNFAITHFUL FRIENDS AND SOME GENUINE ENEMIES.
SUCCEED ANYWAY.
IF YOU ARE HONEST AND SINCERE PEOPLE MAY DECEIVE YOU.
BE HONEST AND SINCERE ANYWAY.
WHAT YOU SPEND YEARS CREATING, OTHERS COULD DESTROY OVERNIGHT.
CREATE ANYWAY.
IF YOU FIND SERENITY AND HAPPINESS, SOME MAY BE JEALOUS.
BE HAPPY ANYWAY.
THE GOOD YOU DO TODAY, WILL OFTEN BE FORGOTTEN.
DO GOOD ANYWAY.
GIVE THE BEST YOU HAVE, AND IT WILL NEVER BE ENOUGH.
GIVE YOUR BEST ANYWAY.
IN THE FINAL ANALYSIS, IT IS BETWEEN YOU AND GOD.
IT WAS NEVER BETWEEN YOU AND THEM ANYWAY.

MOTHER TERESA

- Mother
Teresa

January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 New Year's Day
2	3 School resumes	4	5	6 Early dismissal	7	8
9	10	11	12	13	14 No school	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Semester break					